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# TCM Treatments for Diabetes

At Early stage & Complications

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# Commonly Used Herbs for Diabetes

- Renshen(Radix Ginseng)
- Huangqi(Radix Astragali)
- Xiyangshen(American Ginseng)
- Wuweizi(Fructus Schisandrae)
- Sangshenzi(Fructus Mori)
- Nuzhenzi(Fructus Ligustri Lucidi)
- Lingzhi(Lucid ganoderma)
- Gejie(Gecko)
- Shanzhuyu(Fructus Corni)

# Commonly Used Herbs for Diabetes Cont.

- Maidong(Radix Ophiopogonis)
- Yuzhu(Rhizoma Polygonati Odorati)
- Shengdi(Radix Rehmanniae)
- Xuanshen(Radix Scrophulariae)
- Huangjing(Rhizoma Polygonati)
- Shanyao(Rhizoma Dioscoreae)
- Yiner(White Fungus)
- Gouqizi(Fructus Licii)

# Commonly Used Herbs for Diabetes Cont.

- Sangye(Folium Mori)
- Sangbaipi(Cortex Mori Radicis)
- Digupi(Cortex Lycii Radicis)
- Tianhuafen(Radix Trichosanthis)
- Kugua(Bitter Mellon)
- Jinyinhua(Flos Lonicerae)
- Zhimu(Rhizoma Anemarrhenae)

# Commonly Used Herbs for Diabetes Cont.

- Huanglian(Rhizoma Coptidis)
- Huangqin(Radix Scutellariae)
- Huangbai(Cortex Phellodendri)
- Dahuang(Radix et Rhizoma Rhei)
- Zhizi(Fructus Gardeniae)

# Commonly Used Herbs for Diabetes Cont.

- Cangzhu(Rhizoma Atractylodes)
- Fuling(Poria)
- Zhuling(Polyporus Umbellatus)
- Zexie(Rhizoma Lycopi)
- Yiyiren(Semen Coicis)
- Cheqianzi( SemenPlantaginis)
- Dongkuizi(Fructus Malvae Vertillatae)
- Yumixu(Corn Silk)

# Commonly Used Herbs for Diabetes Cont.

- Yinyanghuo(Herba Epimedii)
- Gegen(Radix Puerariae)
- Baizhi(Radix Atractylodis Macrocephalae)
- Sanqi(Radix Notoginseng)
- Guijianyu(Ramulus Euonymi Alatae)
- Jiegen(Radix Platycodi)
- Kunbu(Thallus Laminariae seu Eckloniae)
- Shiliupi(Pricarpium Granati)
- Jineijin(Endothelium Corneum Gigeriae Galli)
- Damai(Barley)

# Heat in the Lung

- Formula

- Sangbaipi30g
- Digupi20g
- Gegen20g
- Huanglian20g
- Huoxiang(Herba Agastachis)10g



# Heat in the Stomach

- Formula
  - Sangbaipi30g
  - Digupi15g
  - Gegen20g
  - Huanglian10g
  - Dahuang3g
  - Shuizhi(Hirudo)5g,
  - Huoxiang10g.

# Kidney Deficiency

- Formula

- Sangbaipi 30g
- Gegen 15g
- Huanglian 5g
- Renshen 5g
- Yinyanghuo 16g,
- Huluba (Semen Trigonella) 10g,

# Complications of GI-Stomach

- Formula: Ban Xia Xie Xin Tang
  - Banxia (Rhizoma Pinelliae) 15g
  - Ganjiang (Dried Ginger) 10g
  - Huangqin 15g
  - Huanglian 10g
  - Taizishen (Radix Pseudostellariae) 20g
  - Dazao (Fructus Ziaiphi Jujubae) 15g
  - Gancào (Radix Glycyrrhizae) 5g.

# Complications of GI-S.I.

- **Formula: Ge Gen Qian Lian Tang + Tao Hua Tang**
  - **Gegen 20g**
  - **Huangqin 15g**
  - **Huanglian 10g**
  - **Gancao 5g**
  - **Ganjiang 10g**
  - **Chishizhi (Hallysimum Rugrum) 30g**
  - **Gengmi (Rice) 15g**

# Complications of GI-Colon

• Formula: Dang Gui Bu Xue Tang + Zeng Ye Tang +  
Zhi Zhu Wan

– Huangqi 20g

– Danggui 15g

– Xuanshen 20g

– Maidong 20g

– Shengdihuang 20g

– Baizhu 15g

– Zhishi (Fructus Aurantii Immaturus) 20g

# Complications of PNS-Numbness

- Formula

- Taoren(Semen Persicae)10g
- Yujin(Radix Curcumae)15g
- Honghua(Flos Carthami)10g
- Shichangpu(Rhizoma Acori Graminei)10g
- Baijiezi(SemenSinapis Albae)10g
- Cansha(Excrementa Bonbycum)15g
- Chuanxiong (Rhizoma Ligustici Chuanxiong)15g
- Jiangcan(Bombyx Bartyticatus)15g
- Lizhihe (Semen Litchi)30g
- Xuanshen15g
- Shuizhi10g
- Bingpian (Borneolum Syntheticum)0.1g

# Complications of PNS-Pain

- Formula:
  - Xuejie(Resina Draconis)2g
  - Yanhusuo (Rhizoma Corydalis)15g
  - Chuanxiong15g,
  - Baijiezi10g
  - Ruxiang (Resina Olibani)10g
  - Moyao(Myrrha)10g
  - Cansha15g
  - Baishao(Radix Paeoniae Alba)15g
  - Jiangcan15g
  - Yujin15g
  - Shuizhi10g
  - Ganco10g.

# Complications of PNS-Atrophy

- Formula:

- Xiongcan (Male Moth of Silkworm) 10g
- Gougizi 30g
- Sangshen 30g
- Guiban (Plastum Testudinis) 10g
- Tusizi (Semen Cuscutae) 15g
- Huangqi 30g
- Baizhu 15g
- Danggui 10g
- Taizishenzi 30g
- Niuxi (Radix Achyranthis Bidentatae) 10g
- Taoren 10g
- Bingpian 0.1g.



# Complications of PNS-Ulceration

- Formula:
  - Shouwu (Radix Polygoni Multiflori)30g
  - Huangjing20g
  - Guiban10g
  - Gouqizi30g
  - Yimucao(Herba Leonuri)30g
  - Danggui15g
  - Baizhu15g
  - Taizishen30g
  - Xianhecao(Herba Agrimoniae)15g
  - Rougui (Cortex Cinnamomi)10g
  - Huangqi30g, Tusizi15g.

# Complication of Hydrosis

## a. Spleen & Lung Qi Deficiency

- Formula:

- Huangqi 30g
- Baizhu 15g
- Fangfeng (Radix Ledebouriae) 15g
- Dangshen (Radix Codonopsis Pilosulae) 15g
- Shanyao 15g
- Longgu (Os Draconis) 15g
- Muli (Concha Ostreae) 15g
- Gancao 10g.

# Complication of Hydrosis

## b. Consumption of Yin d/t Profuse Sweating

- Formula:
  - Taizishen 30g
  - Maidong 15g
  - Xuanshen 15g
  - Lugen (Rhizoma Phragmitis) 30g
  - Wuweizi 15g
  - Huangqi 30g
  - Gegen 30g
  - Shengdi 15g
  - Mahuang (Herba Ephedrae) 10g
  - Longgu 20g
  - Muli 15g
  - Gancào 10g

# Complication of Hydrosis

## C. Declining of Yang Qi

- Formula:
  - Fuzi (Radix aconite Praeparata) 10g
  - Hongshen (Red Ginseng) 15g
  - Xianmao (Rhizoma Curculiginis) 15g
  - Yinyanghuo 20g
  - Wuweizi 15g
  - Huangqi 30g
  - Guizhi (Ramulus Cinnamomi) 10g
  - Gouqizi 30g.