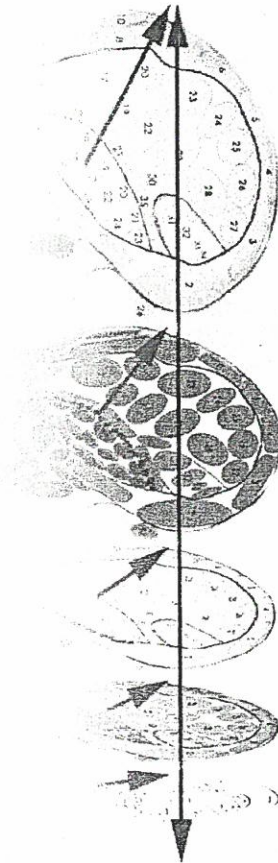


Auriculotherapy and Auriculomedicine

I

**Basic
and
Beyond**



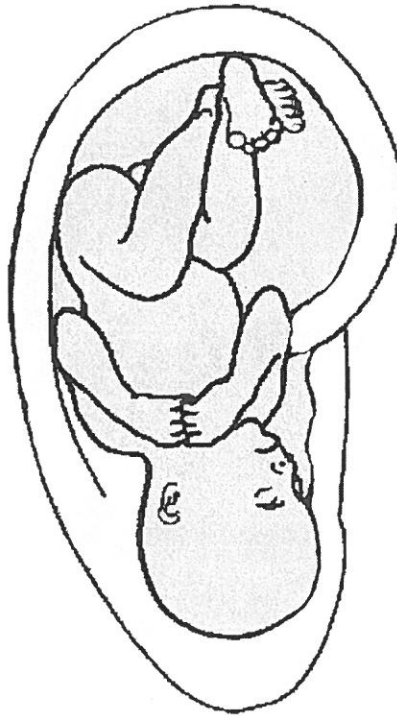
Steve Meeker, Dipl.Ac.,L.Ac.,FAAPM

**Hollywood Clinic
www.eardoc.com**

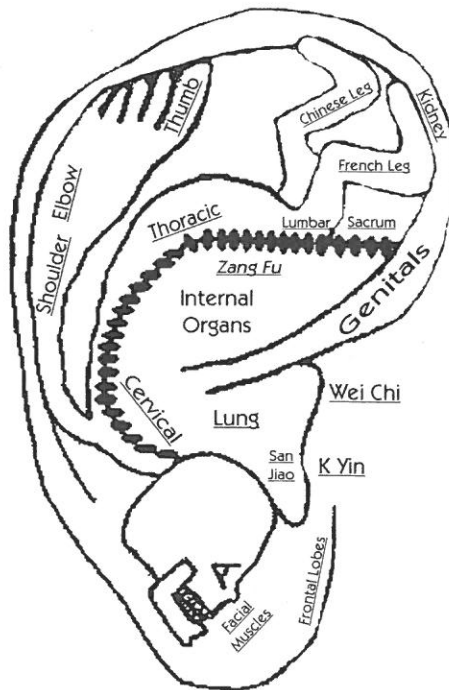


WB
369.5.E2
M494a
2005

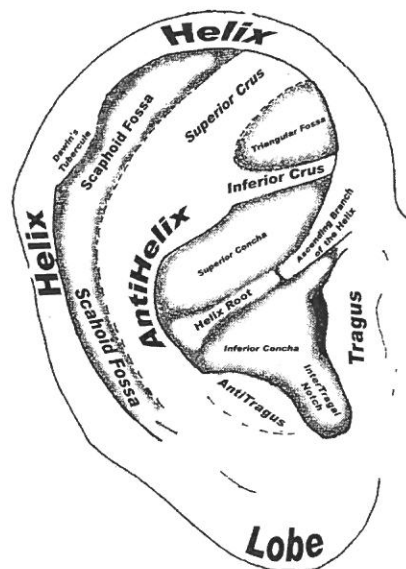
- Auricular
- Certification
- Institute



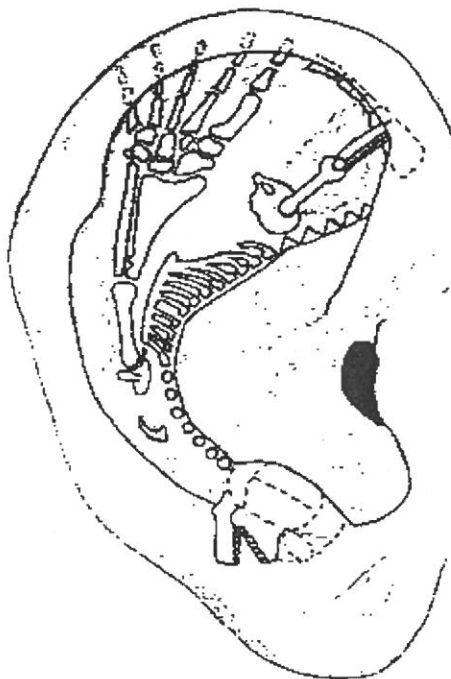
- Phase 1
- Inverted Fetus
- Most Commonly
- Used Chart
- Acute Pain, Disorder



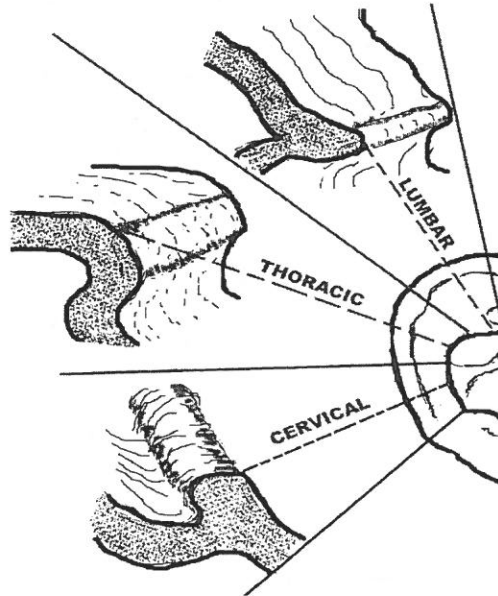
Geography



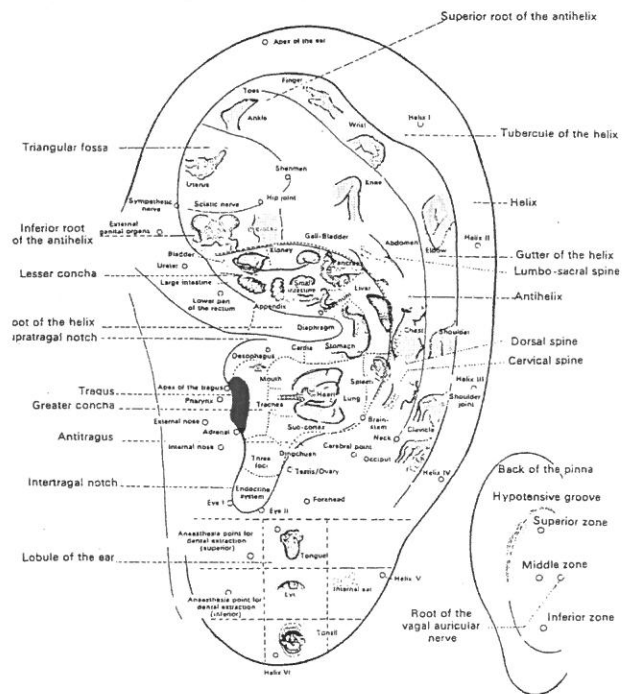
Skeleton Map



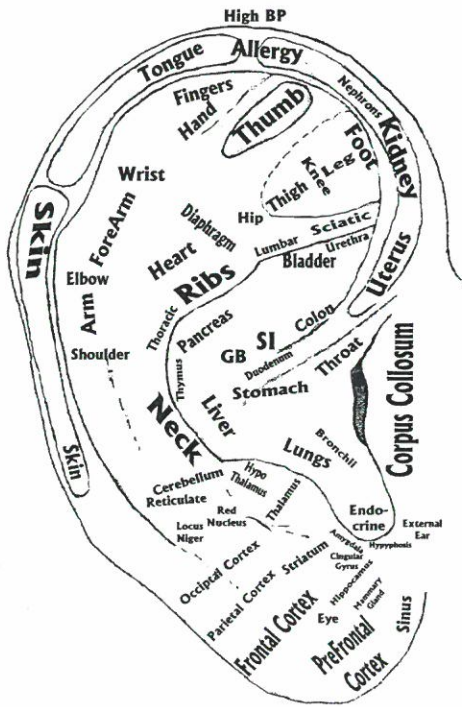
Spinal Segments



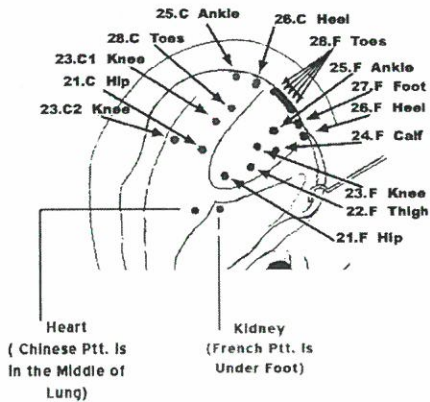
Chinese Locations

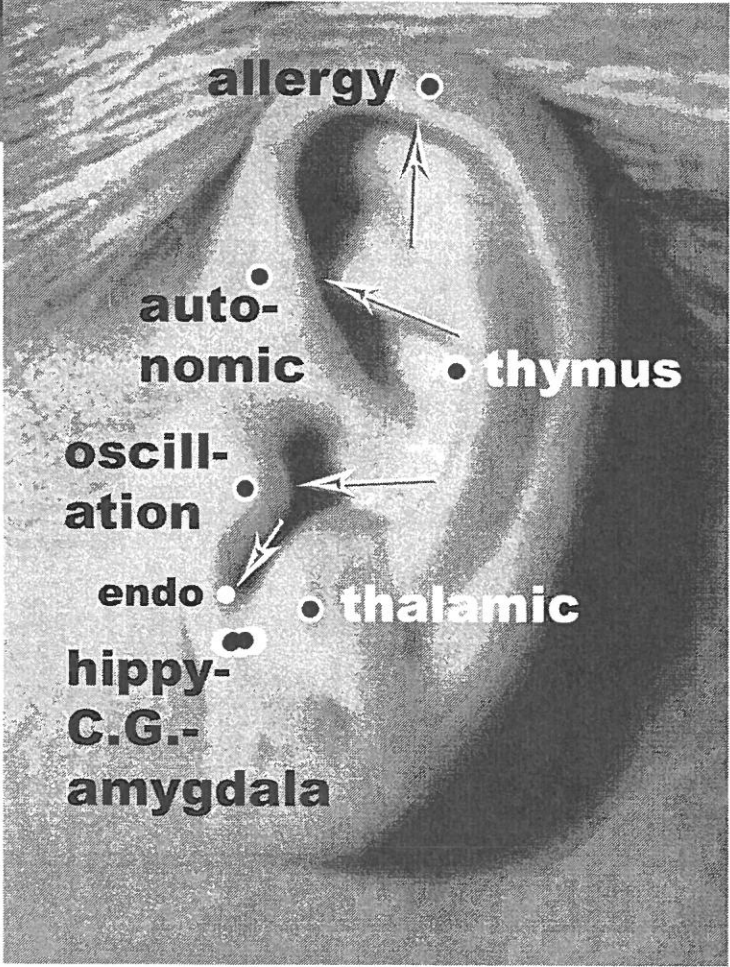
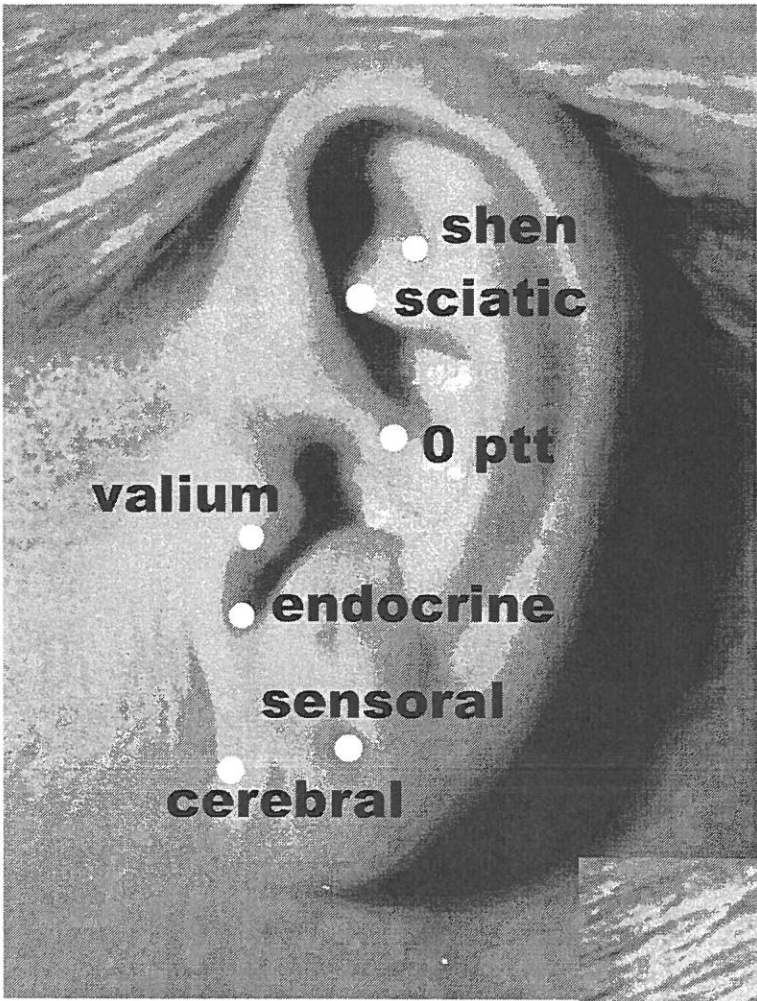


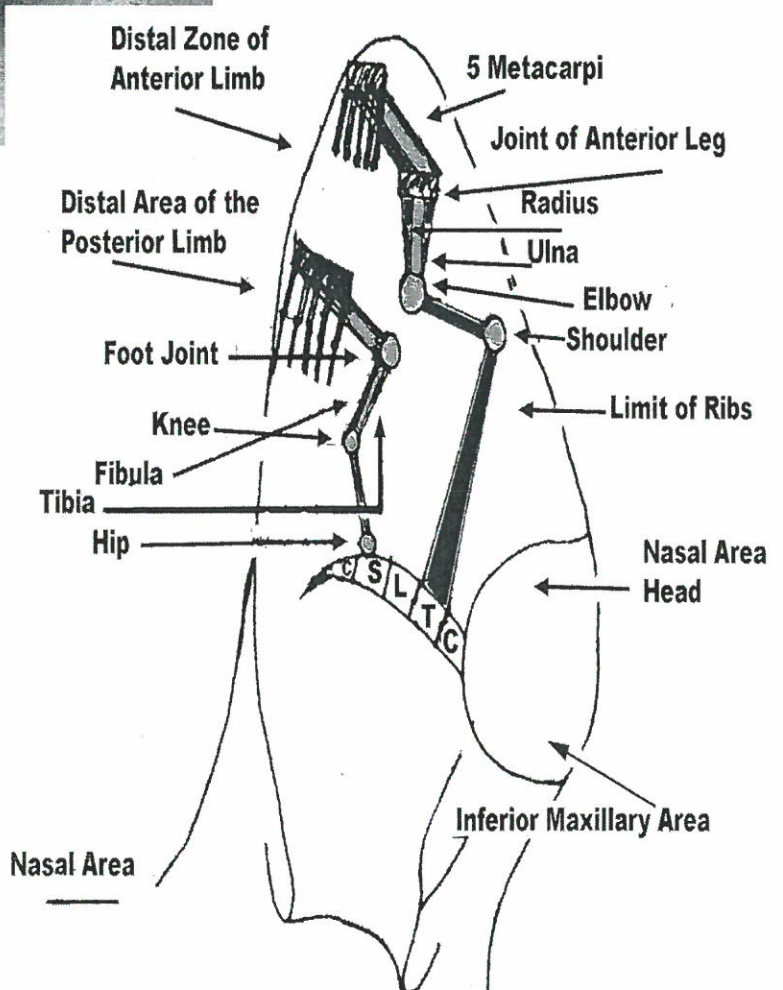
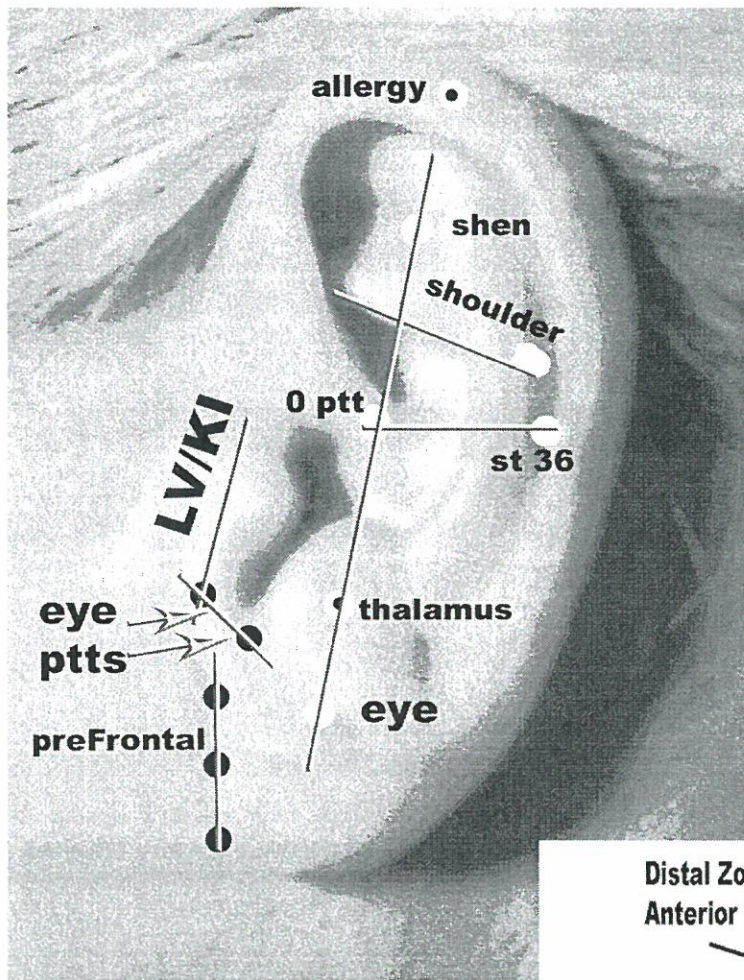
French (Nogier) Locations



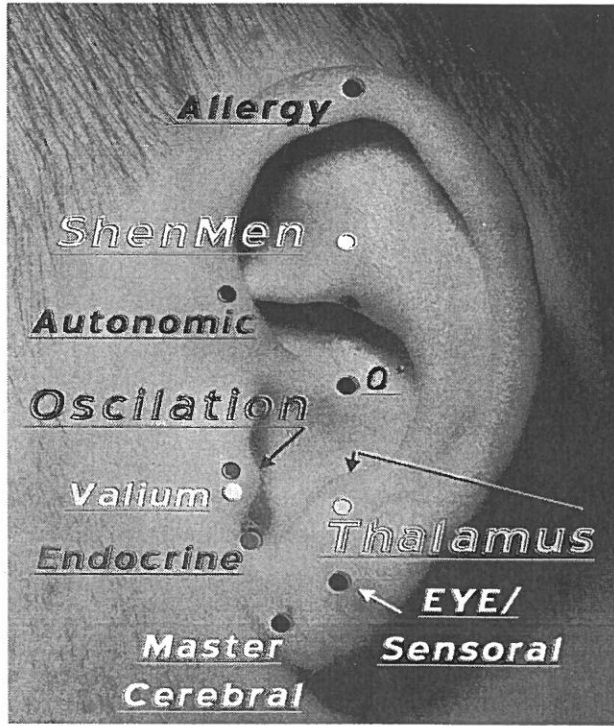
Differences In Locations Chinese and French Ptt.



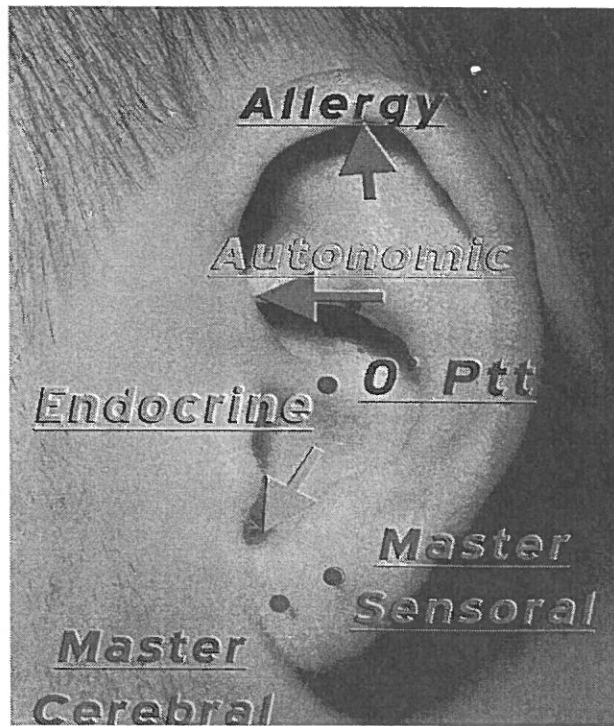




Master
Ptt

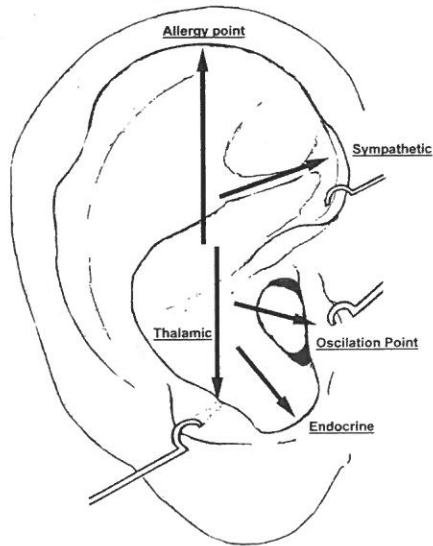


Master
Ptt
Hidden

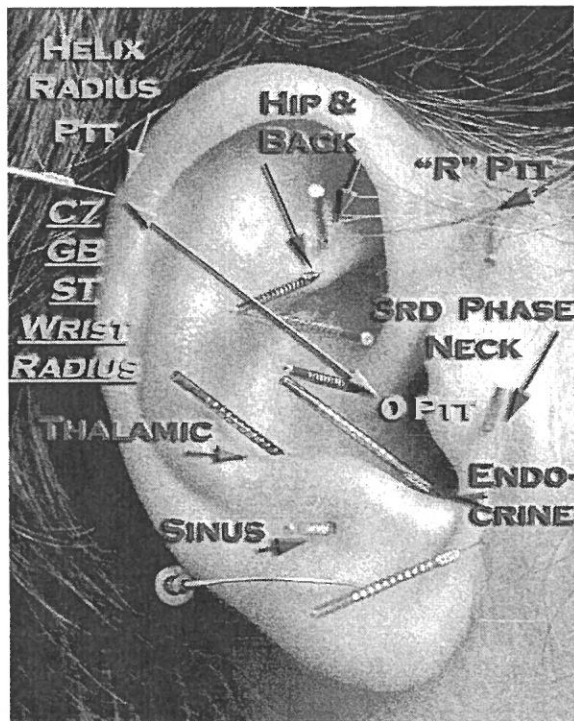


Find
And
Treat
Master
Pts

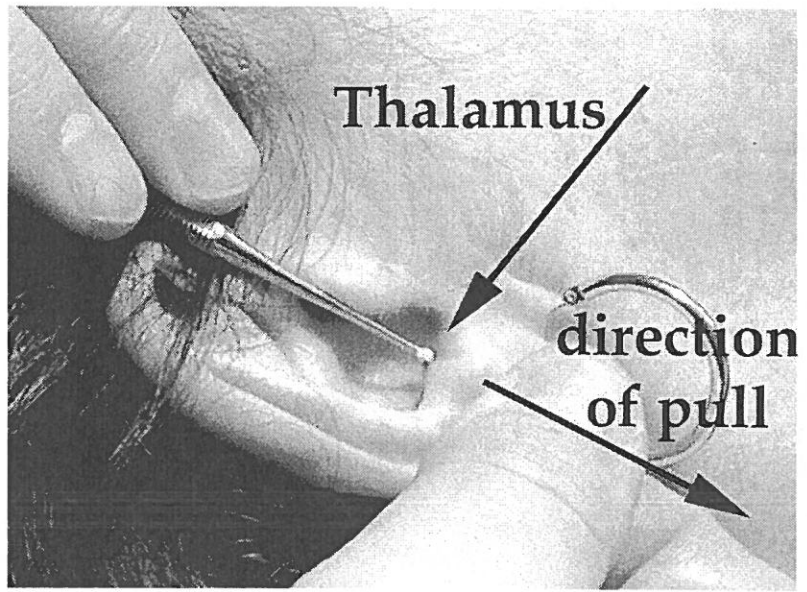
Direction of Finding and Treating
the Hidden Master Points



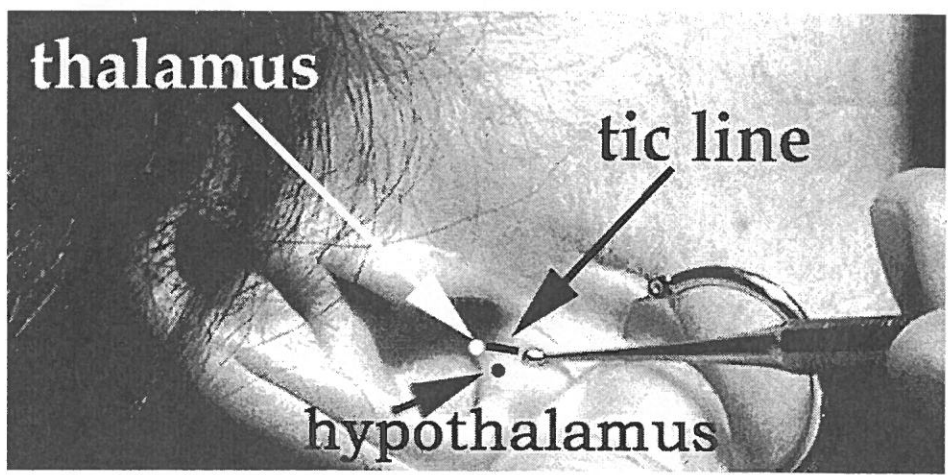
Master Pts
And
Useful Pts
Along a
Radius



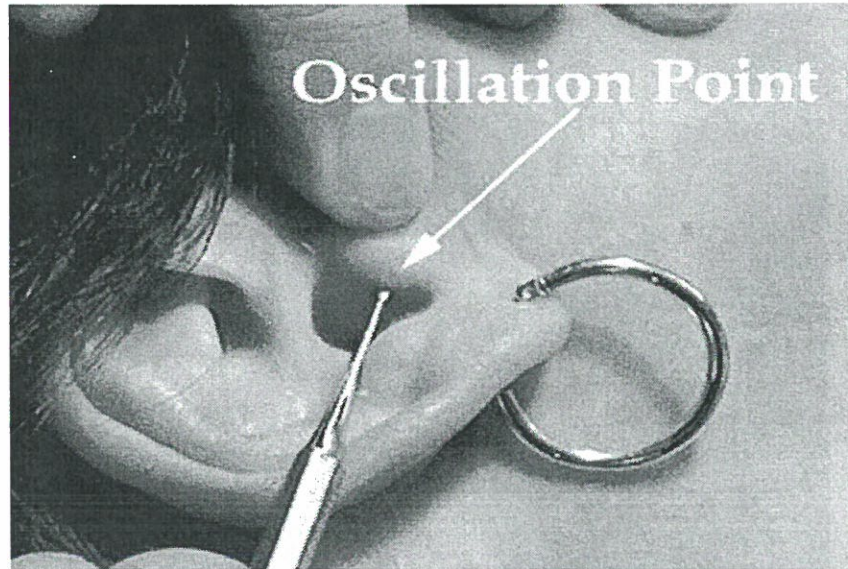
Thalamus



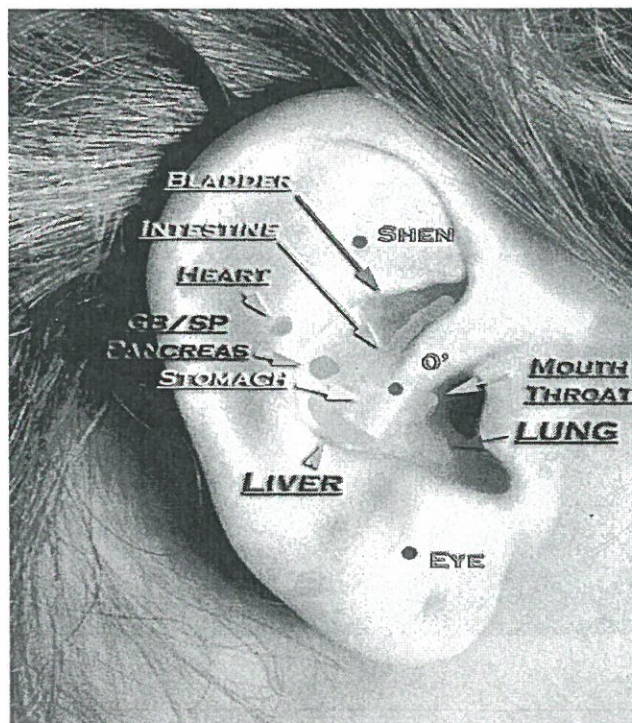
Thalamus Area



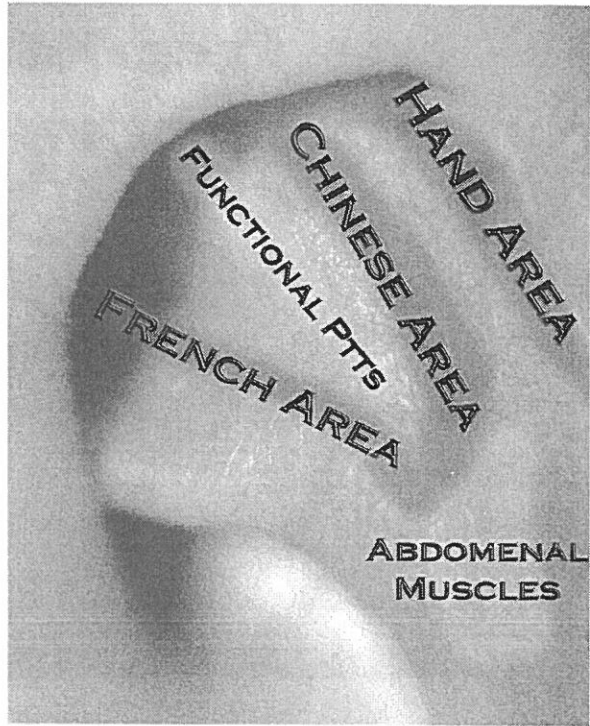
Finding the Oscillation Ptt



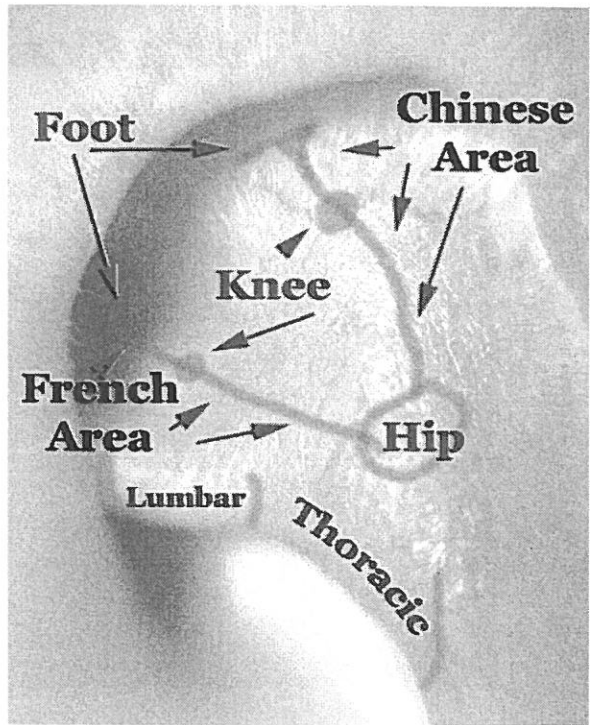
Internal
Locations



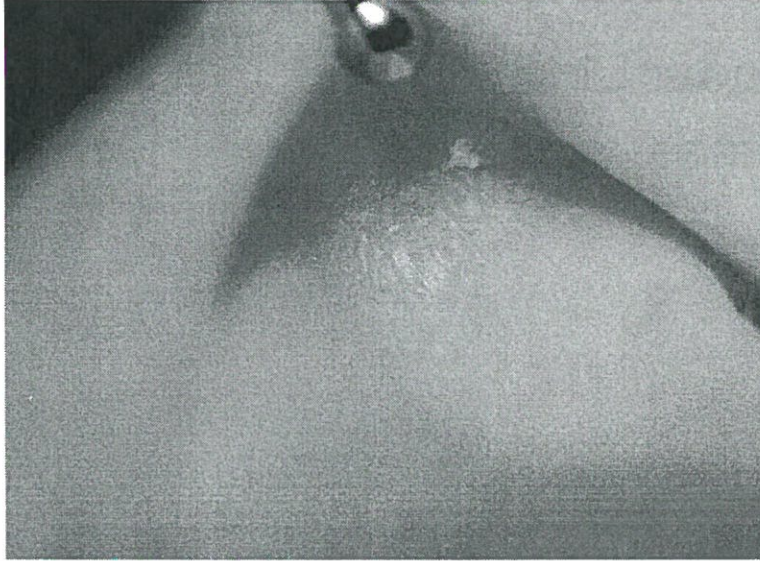
Lower Limb
Areas



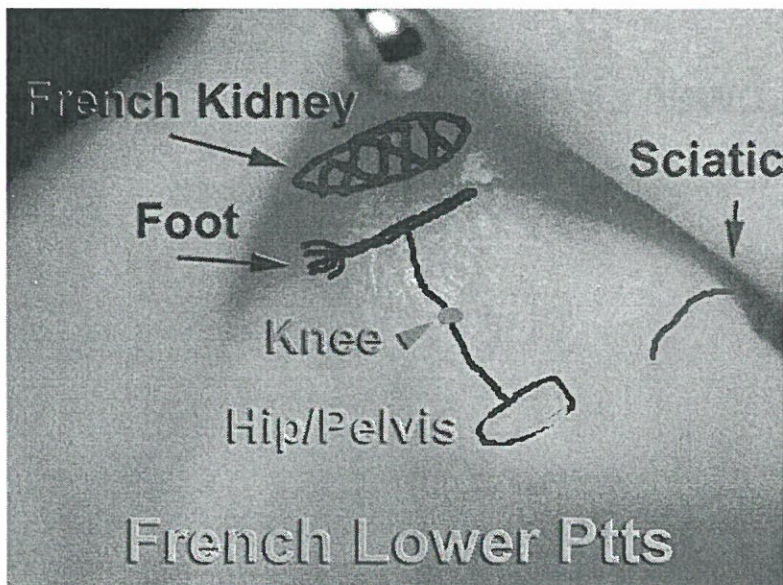
Lower Limb
Areas



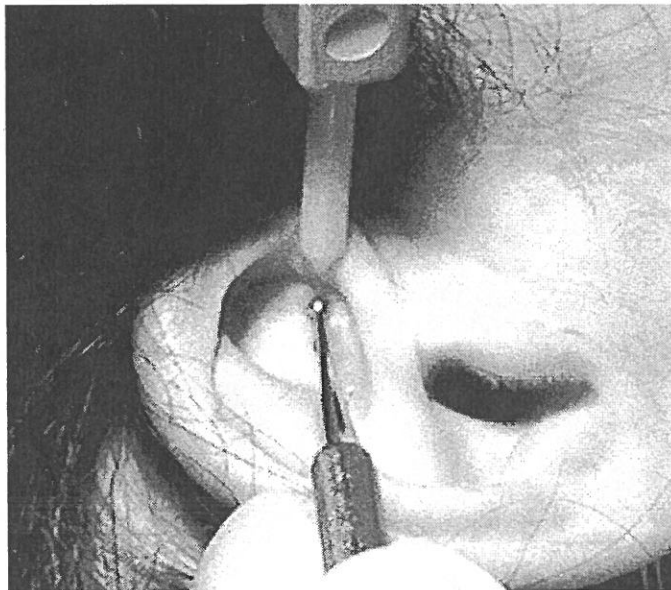
French Kidney



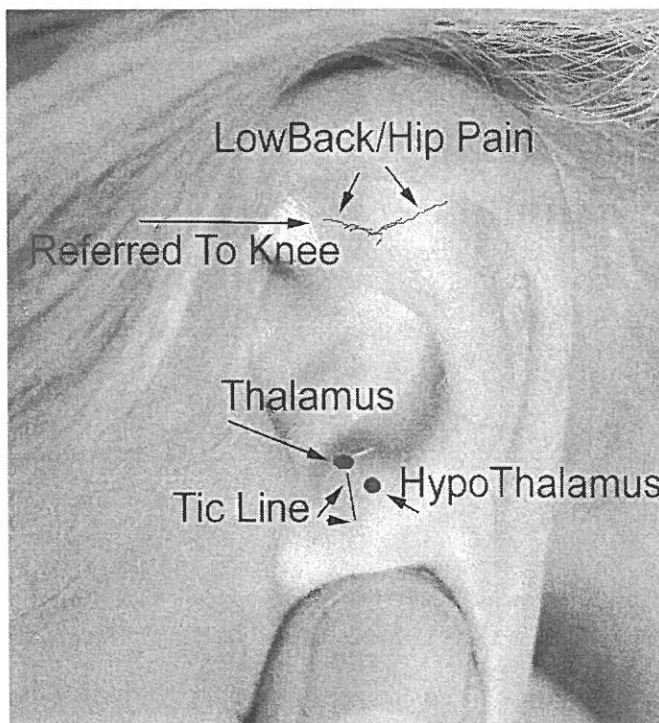
French Kidney 2



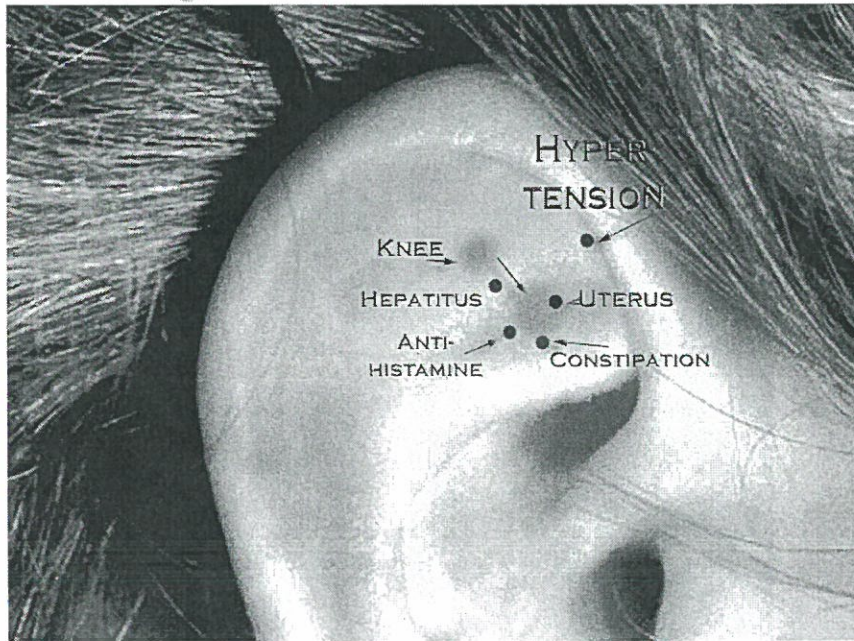
Finding Sympathetic/Autonomic



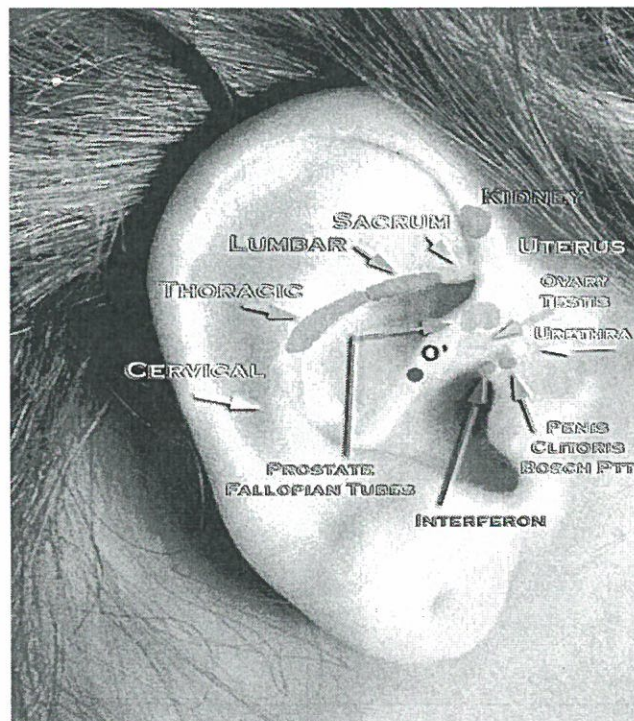
LBP/Hip
Referred
to Knee

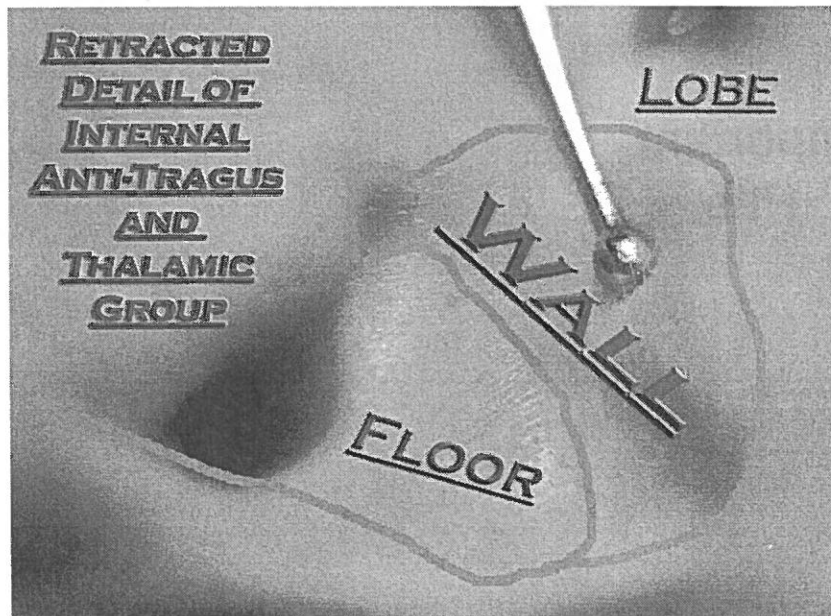
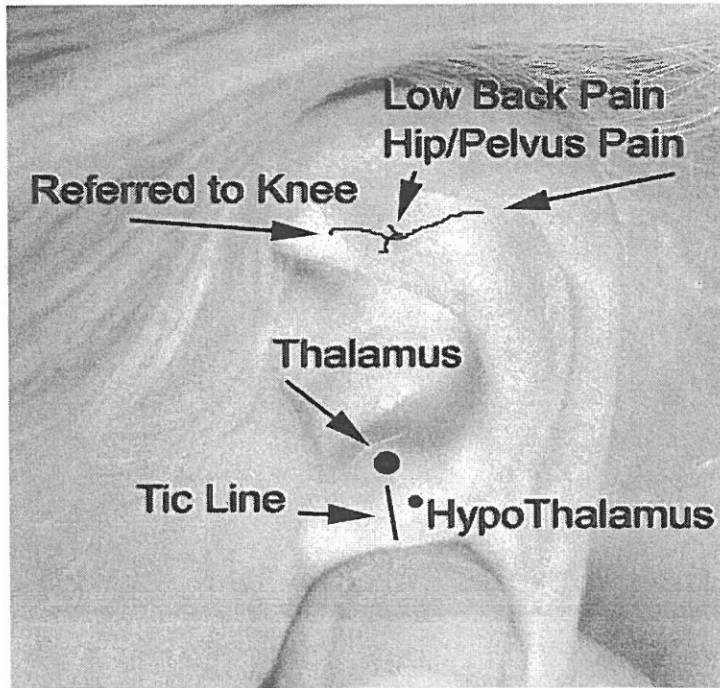


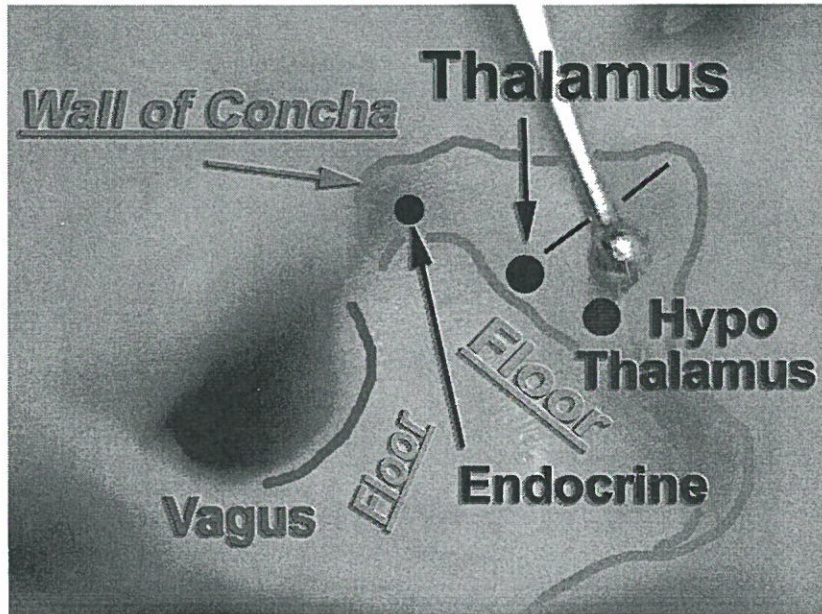
Triangular Fossa Functional Pts



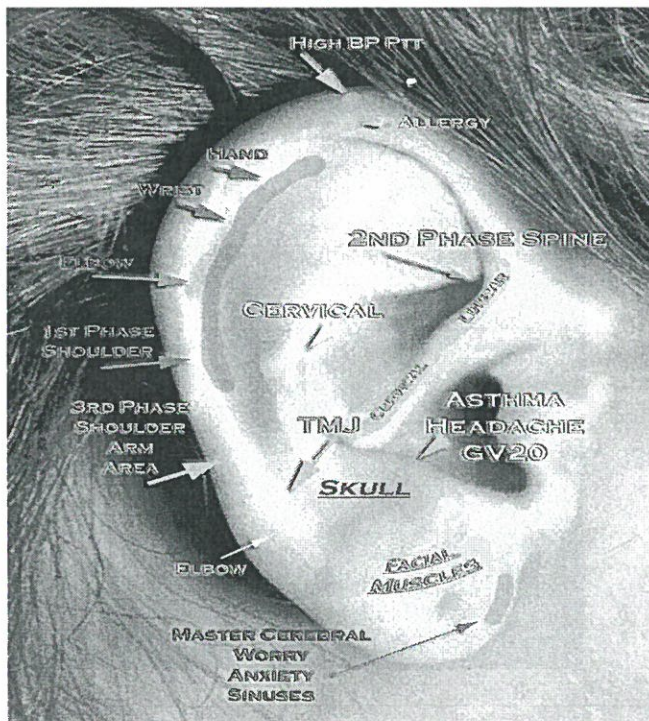
Internal Genitals



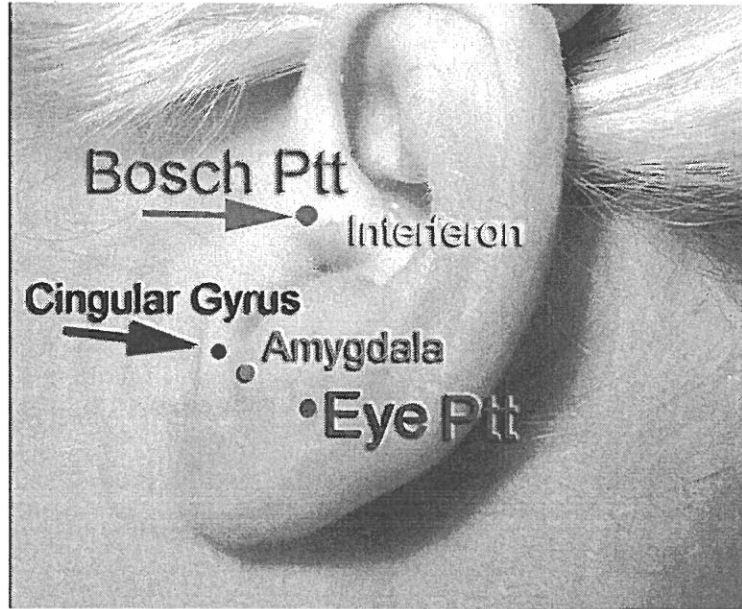




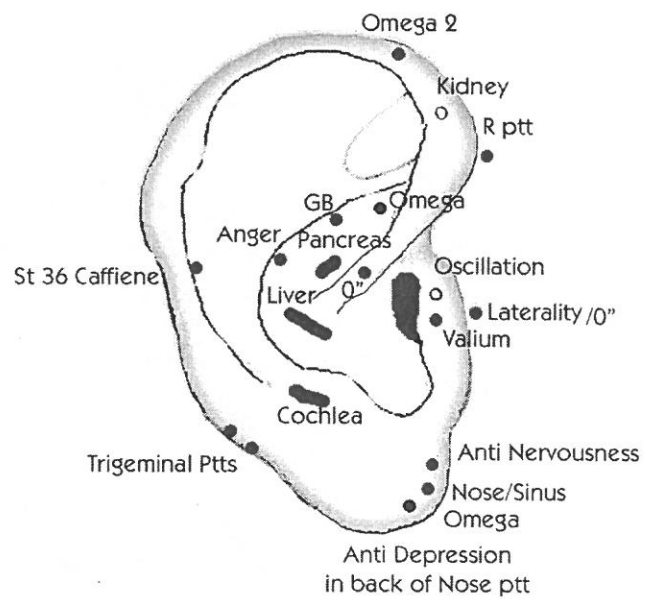
Important Pts



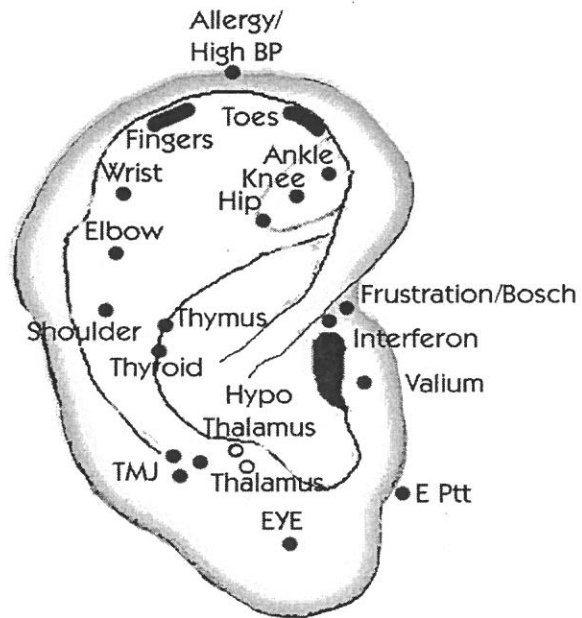
Important Locations



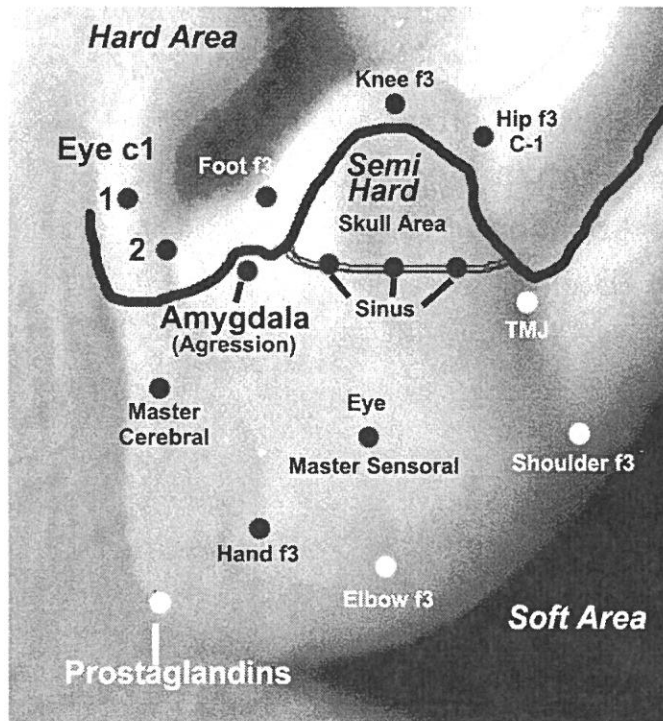
- New Important
- German
- Locations 1
- (Bahr)



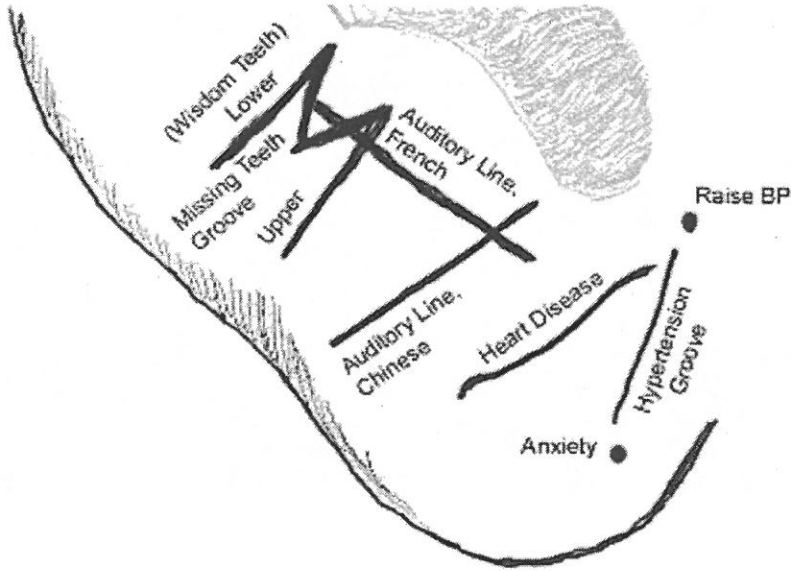
- New Important
- German
- Locations 2
- (Bahr)



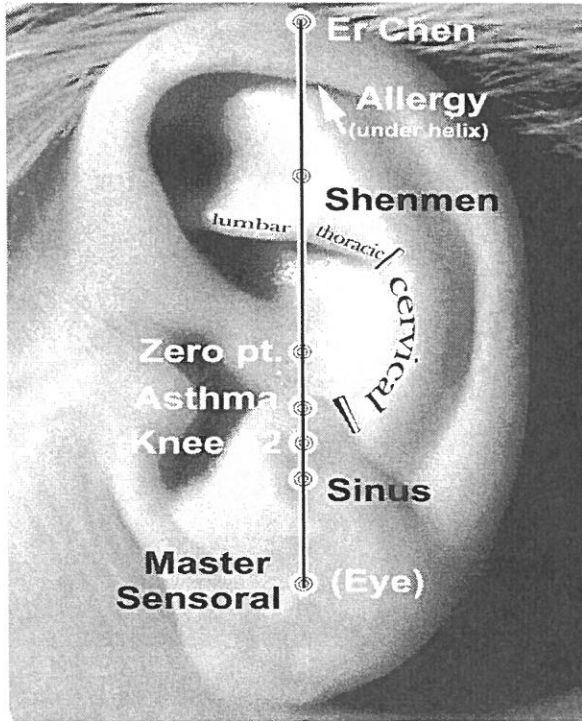
Lobe
Locations
-French
And
Chinese

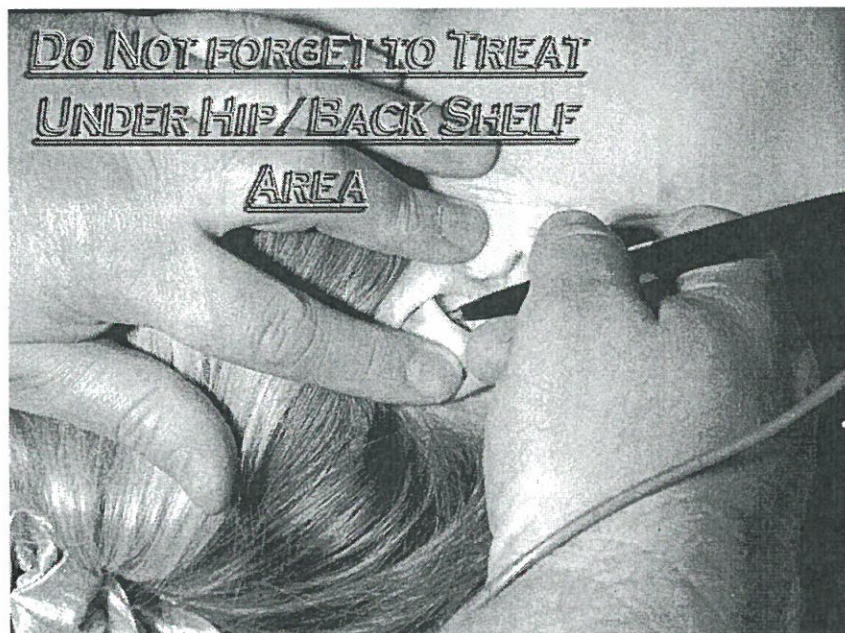
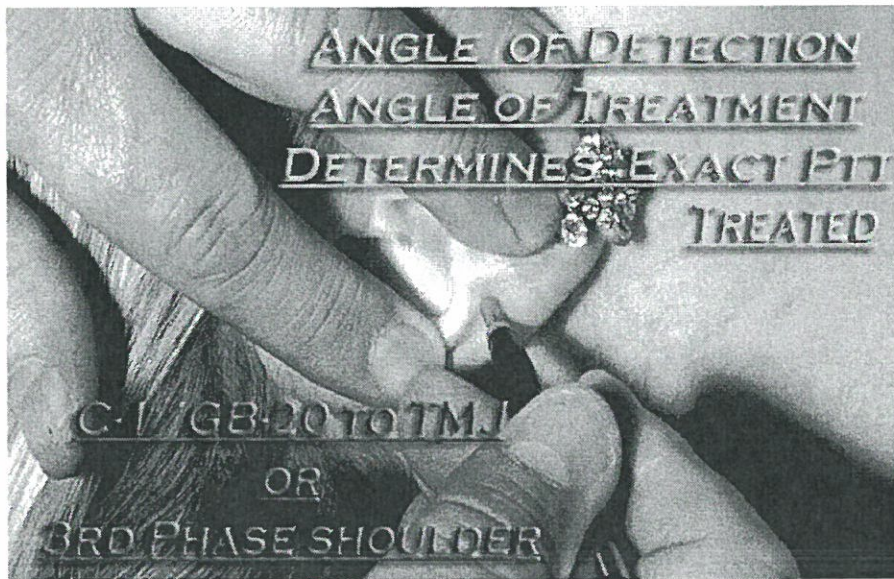


Lobe Creases

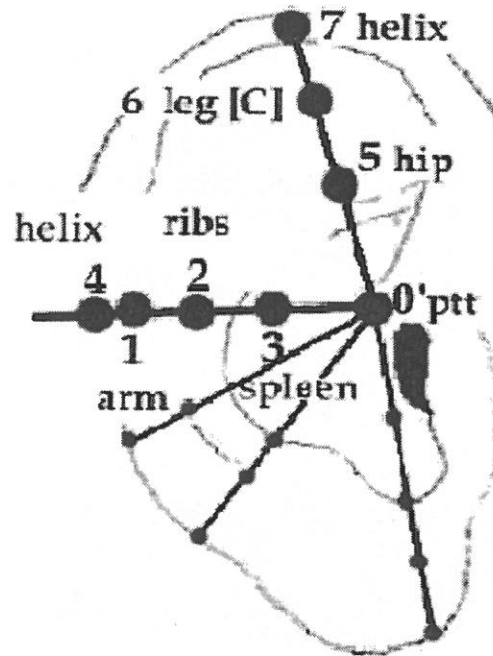


Medial Vertical Line



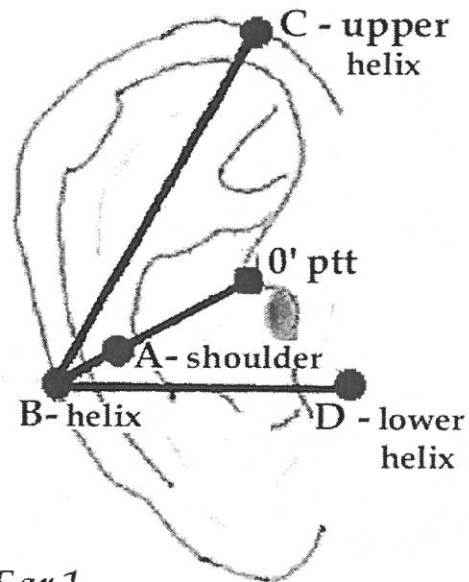


Radius or
Axis
Lines
Radiating
Out From
0' Ptt



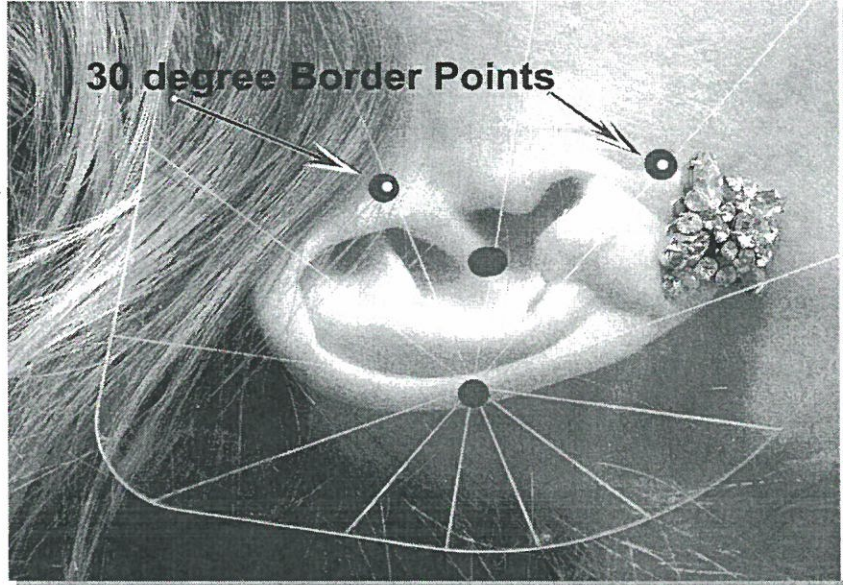
HARMONIC LINES

30 Degree Lines

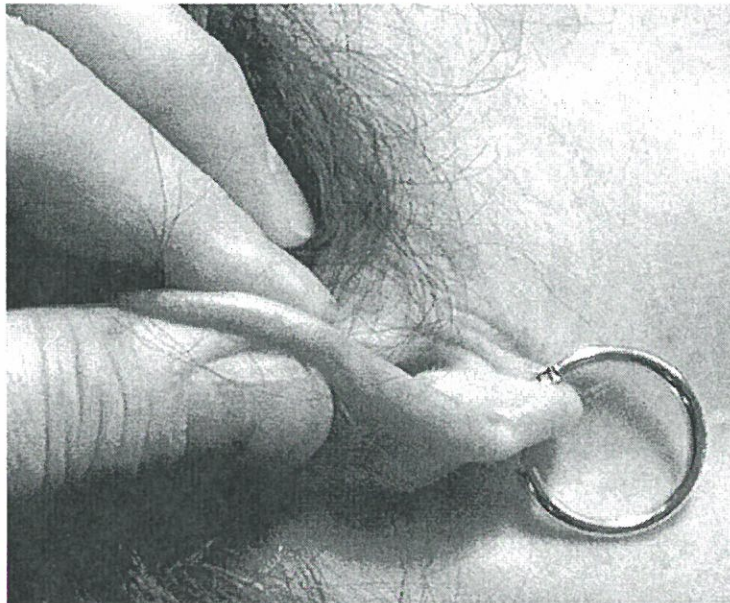


Ear 1

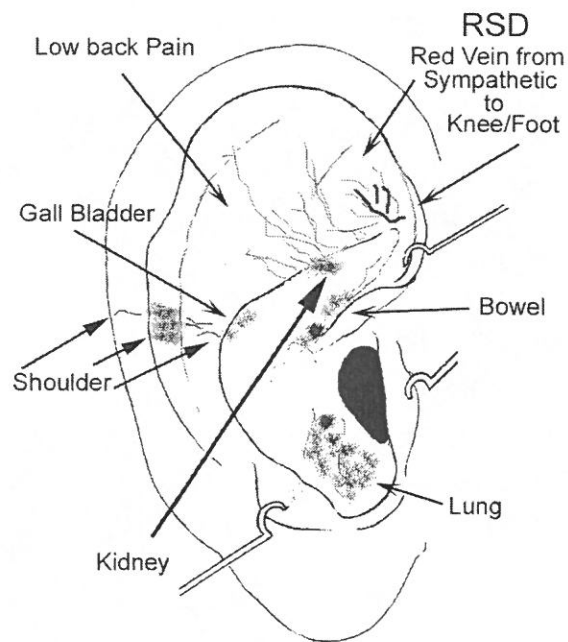
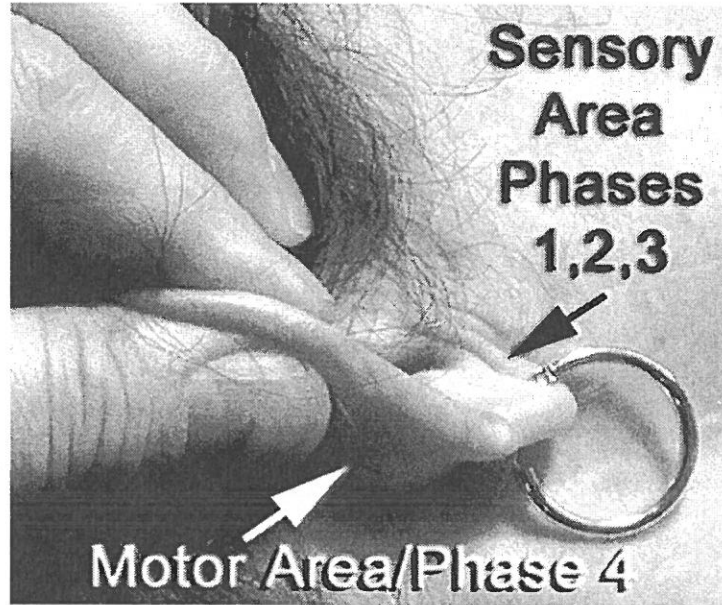
30 Degree Ptts



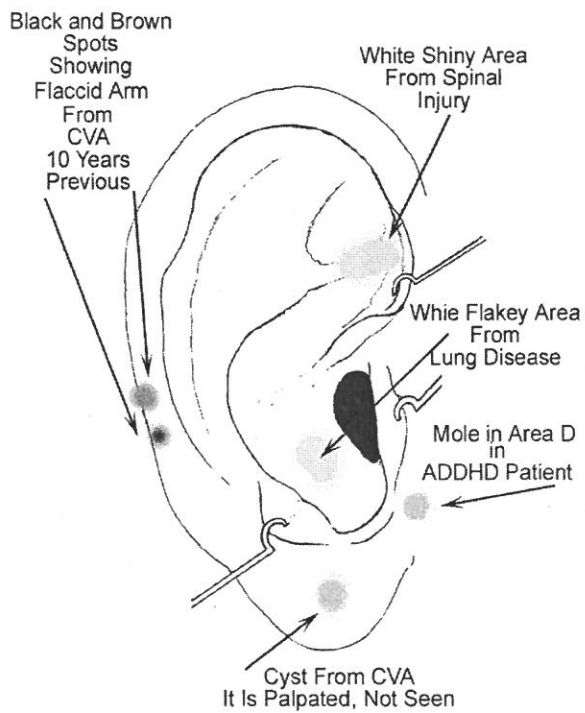
Finding Helix Ptts



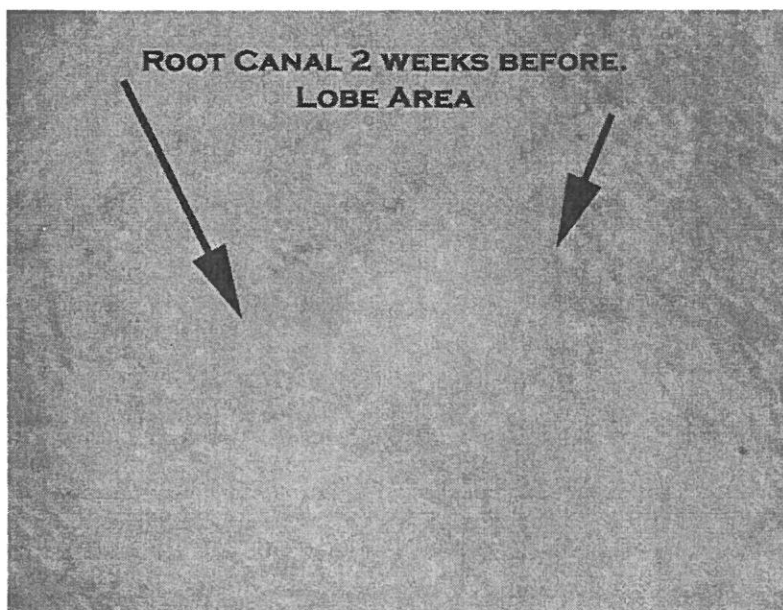
Finding Helix Ptt



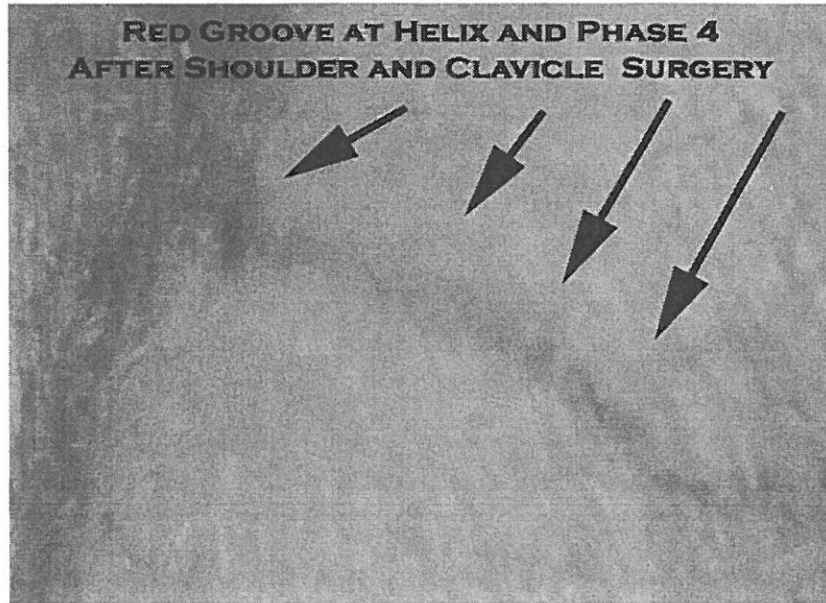
Examples of Inflammation Signs



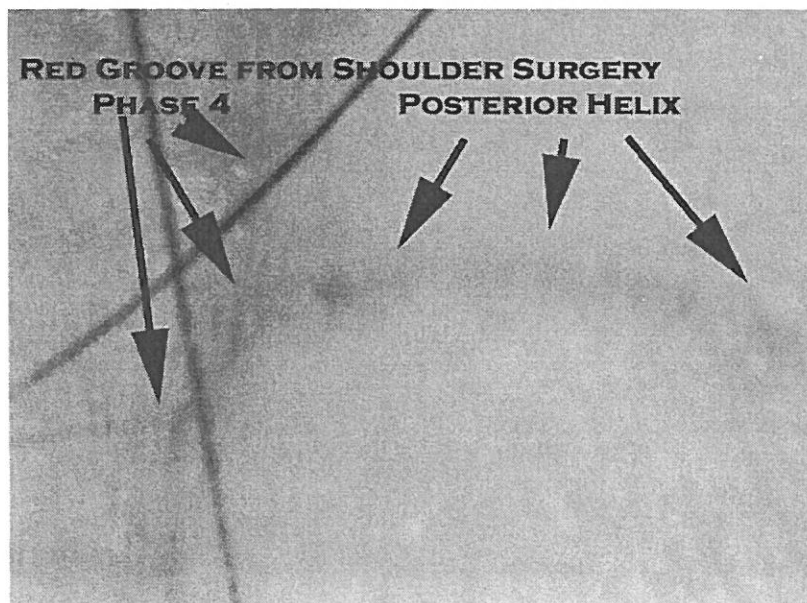
Root Canal



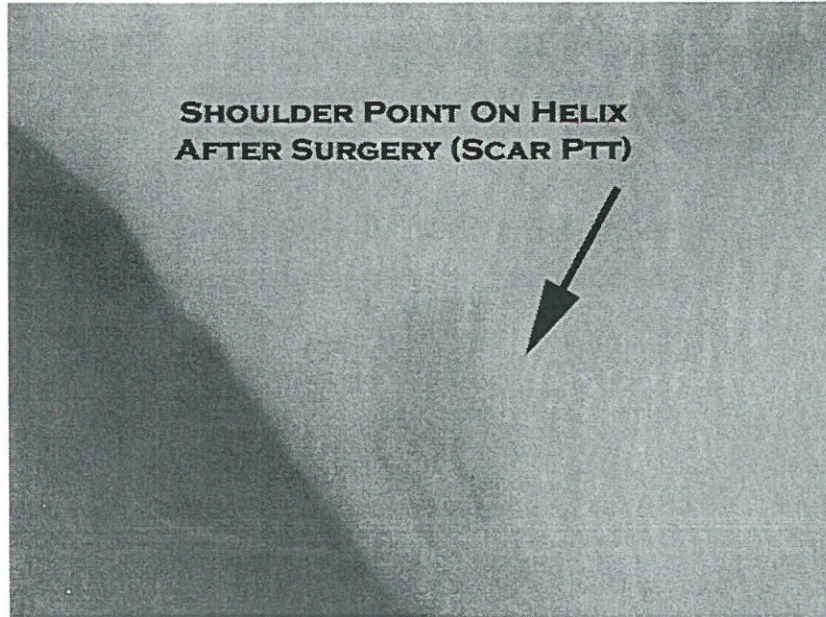
Physical Changes 1



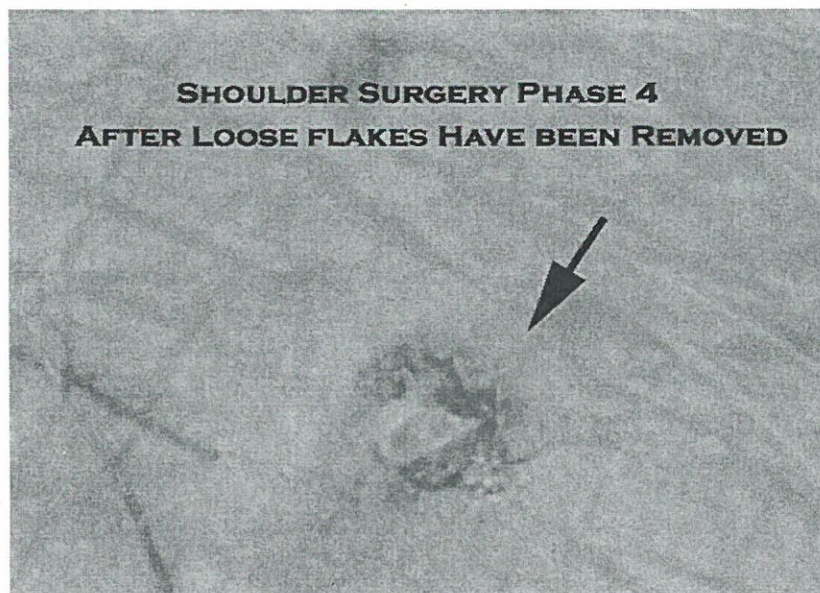
Physical Changes 2



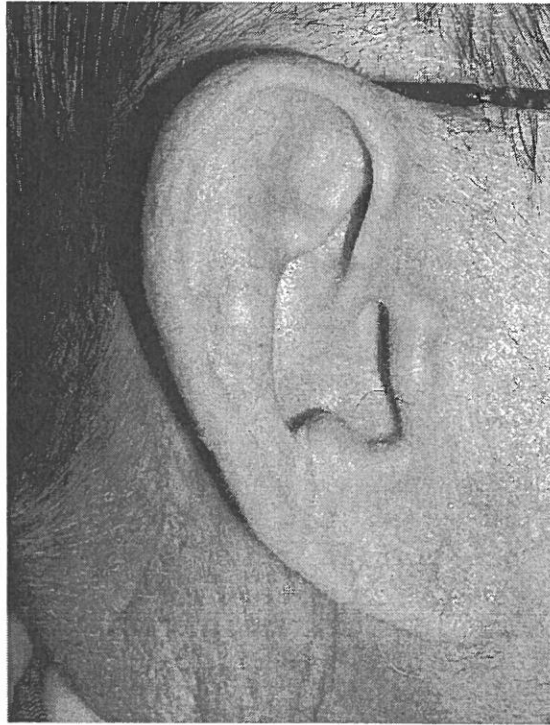
Physical Changes 3



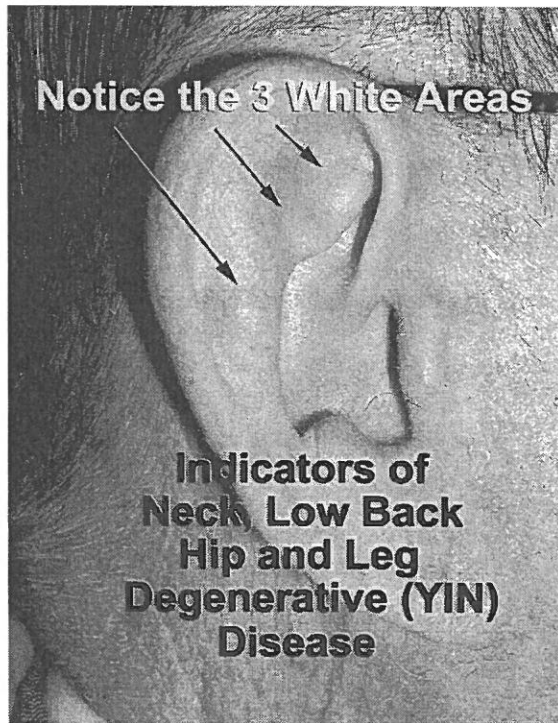
Physical Changes 4



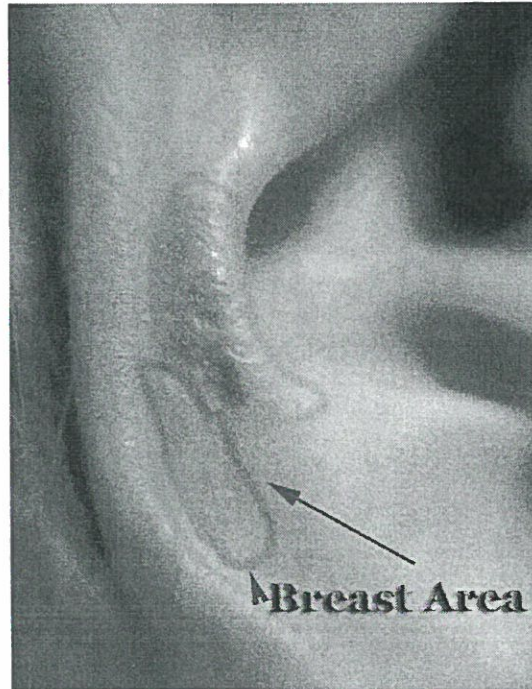
Chronic
Yin
Disease



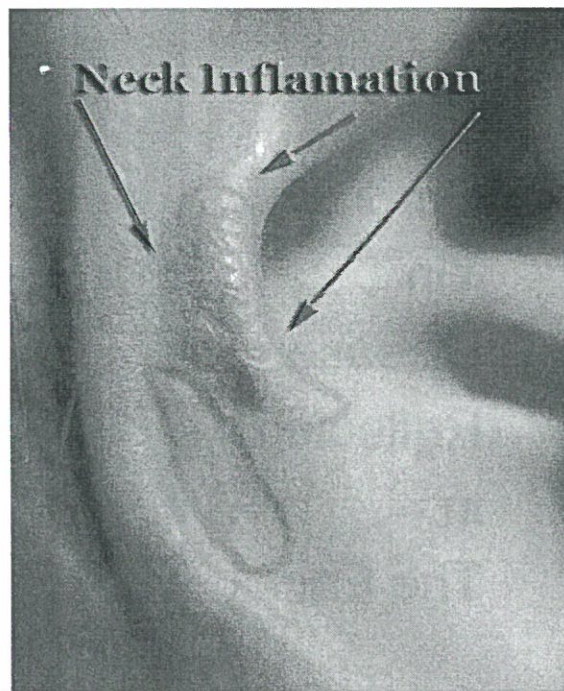
Chronic
Yin
Disease
Reflected
in
The Ear

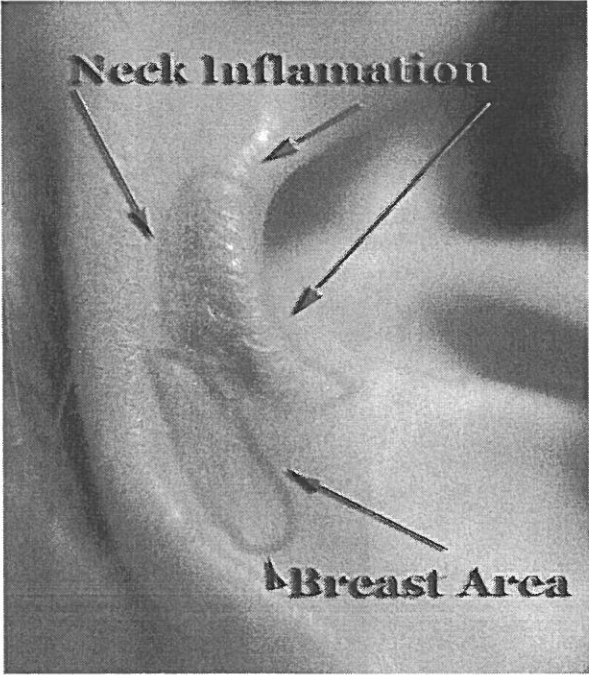


Breast Cancer
-Notice Skin
Change



Inflammation of
Neck
-Red and Pitted
Skin Along
Cervical Area





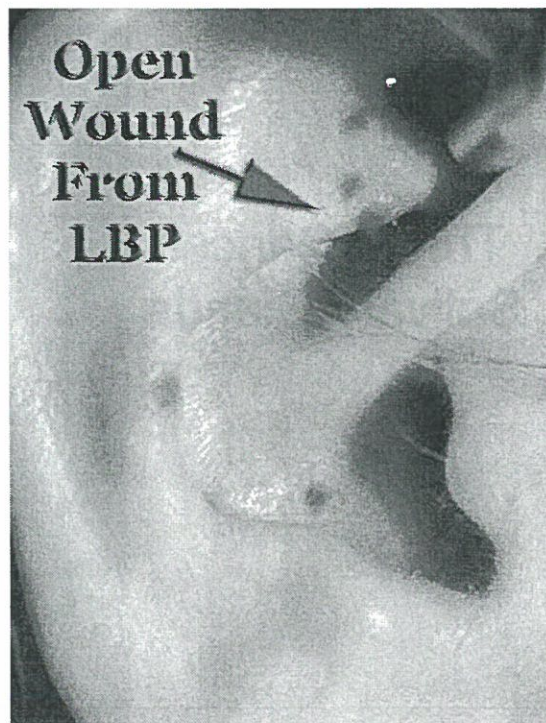
Throat Cancer
Salivary Glands



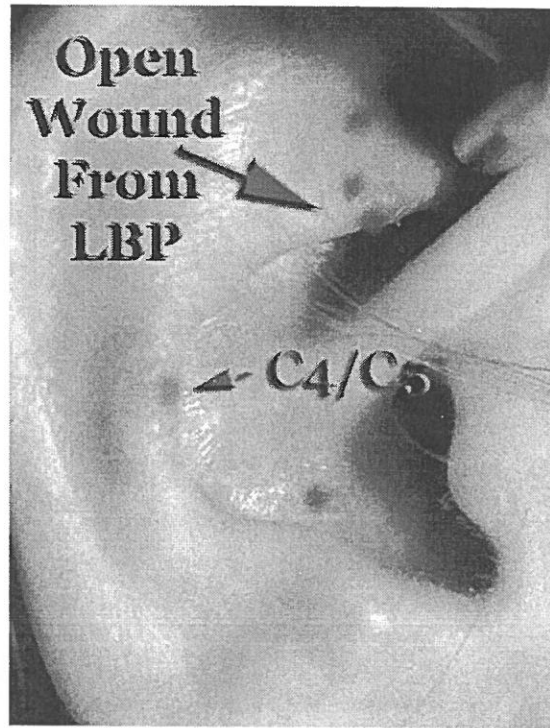
Fibro-
Myalgia
And
Low Back Pain



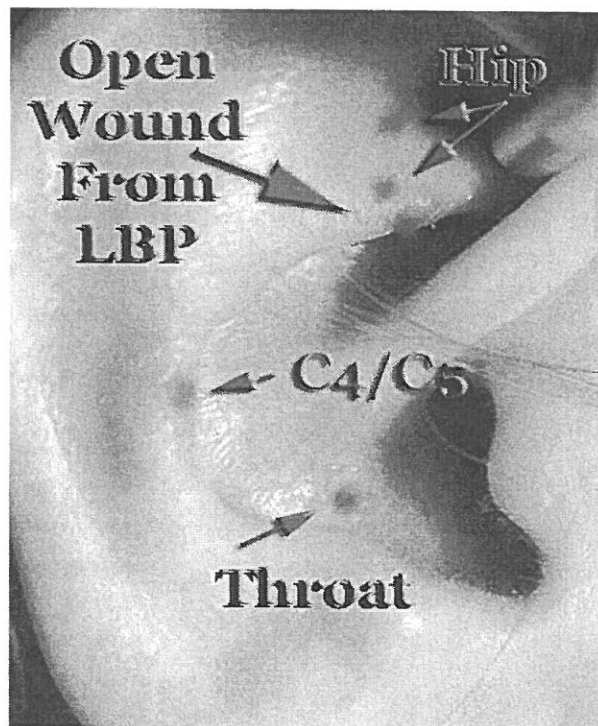
Open
Lesion
From
Low Back
Pain



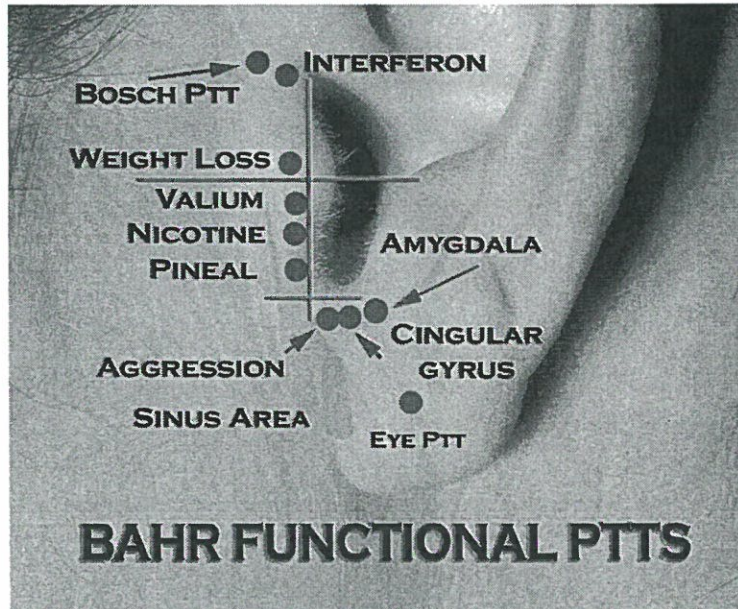
Pain at
C4/C5



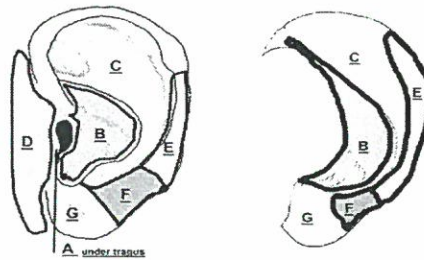
Throat
And
Hip
Pain



German PttS

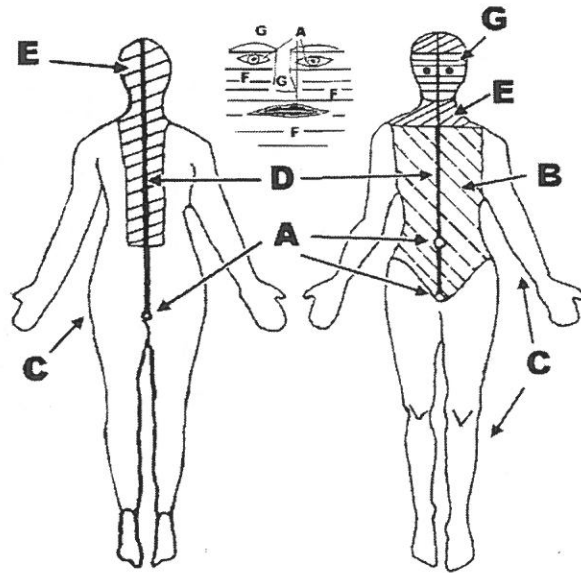


7 Frequencies

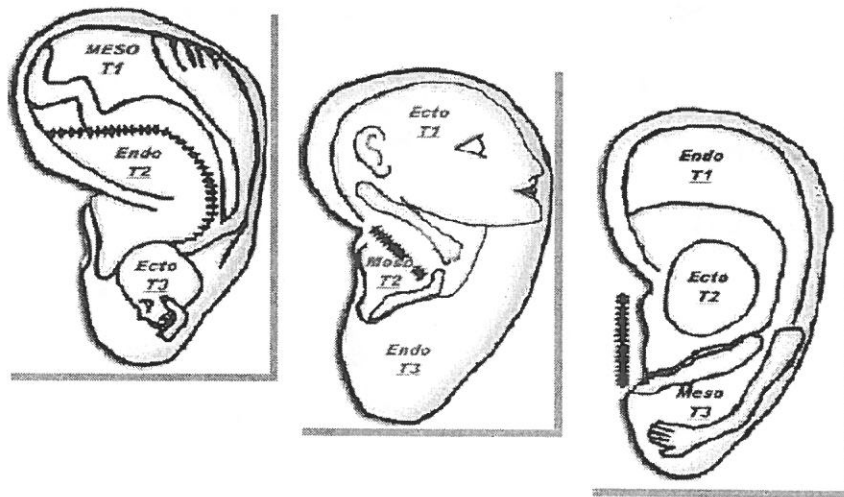


A	2.5 HZ	22 ORANGE	UNORGANIZED STRUCTURE, SCARS CANCER, INFLAMMATION, OPENINGS, SCLEROSIS
B	5HZ	25 RED	GI SYSTEM, NUTRITION
C	10HZ	4 YELLOW	MUSCLESKELETAL, MOVEMENT, CIRCULATION, UROGENITAL
D	20HZ	23A RED	COORDINATION, SYMMETRY, CORPUS COLLOSUM, LATERALITY
E	40HZ	44 BLUE	SPINAL CORD, CNS, PNE, COMMUNICATION, HERPES
F	80HZ	98 DARK BLUE	SUB CORTICAL BRAIN, CONDITIONED REFLEX, DEPRESSION, EMOTIONS, MUSCULAR SPASMS, SENSORY SHOCKS, [VISUAL/SOUND]
G	160HZ	30 PINK	FRONTAL LOBES, CREATIVITY, HIGHER EMOTIONS, THOUGHT, PSYCHOSOMATIC PAINS

7 Frequencies on the Body

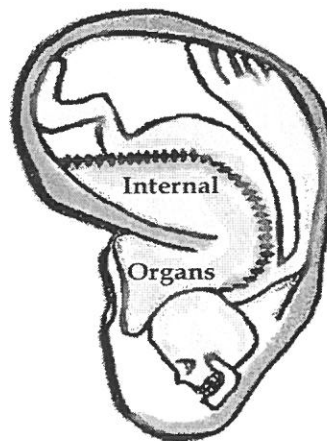


3 Phases/3 Territories



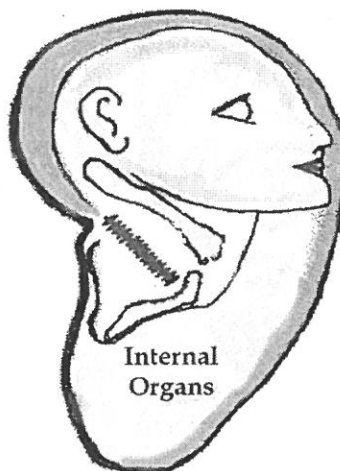
1st Phase

First Phase:
Most used,
Acute Pain,
Sharp,
Default
Phase



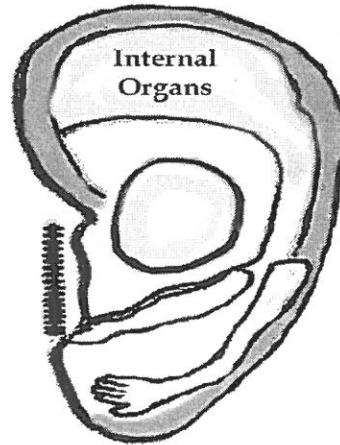
2nd Phase

2nd Phase:
Yin, Neuro,
Degenerative
Chronic

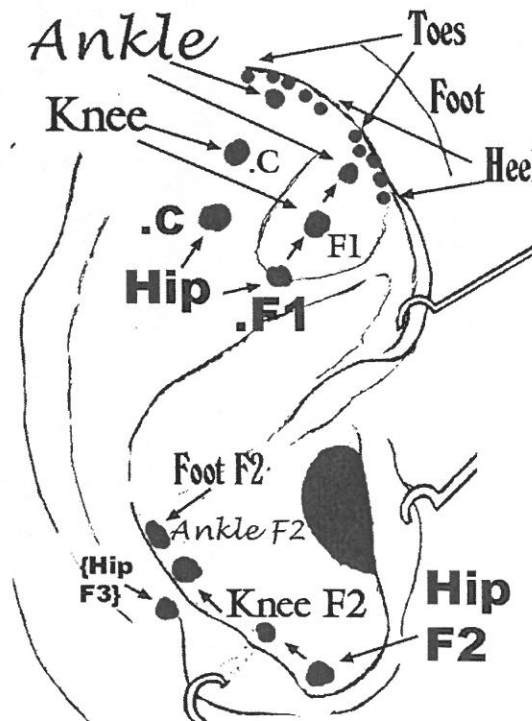


3rd Phase

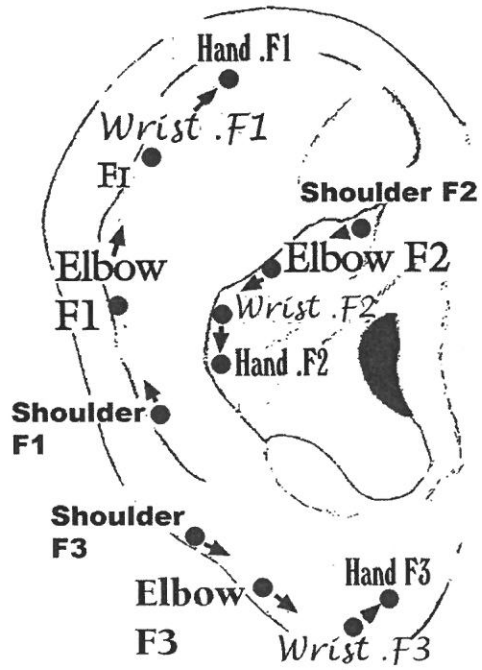
3rd Phase:
Yang
Hot
Inflammatory
Sharp



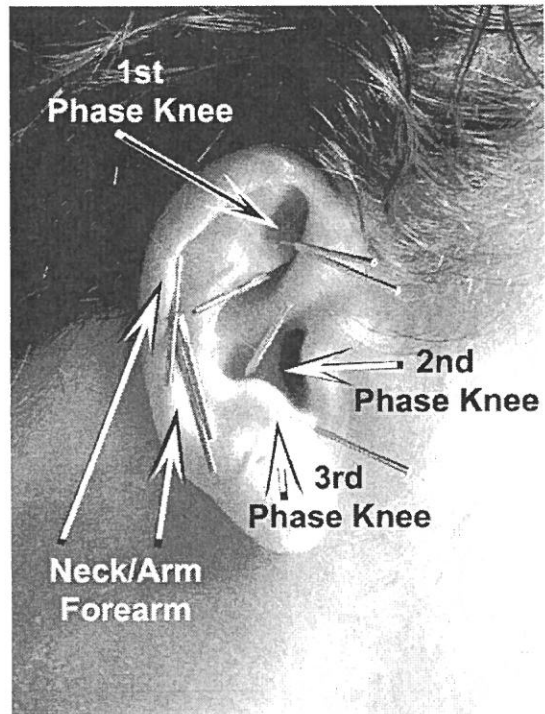
3 Phase
Lower
Pts

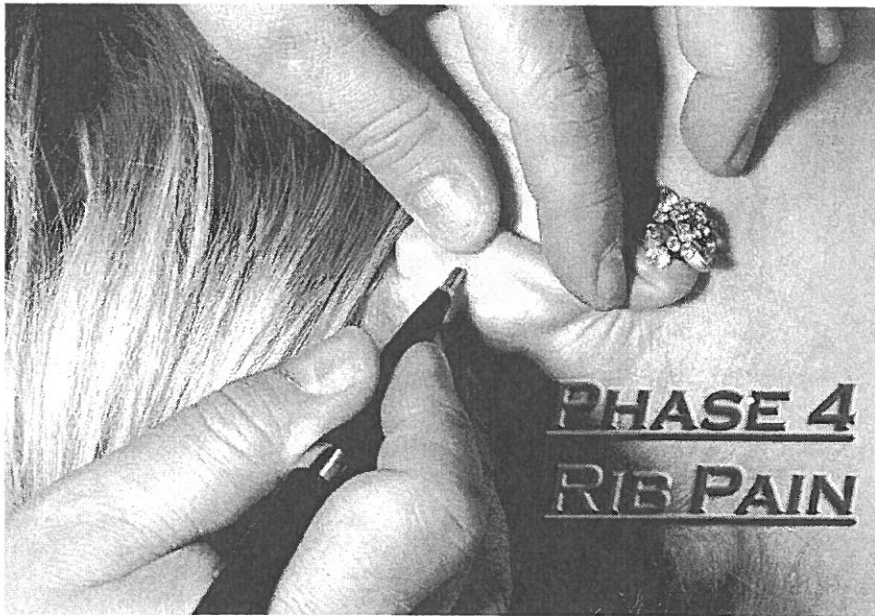
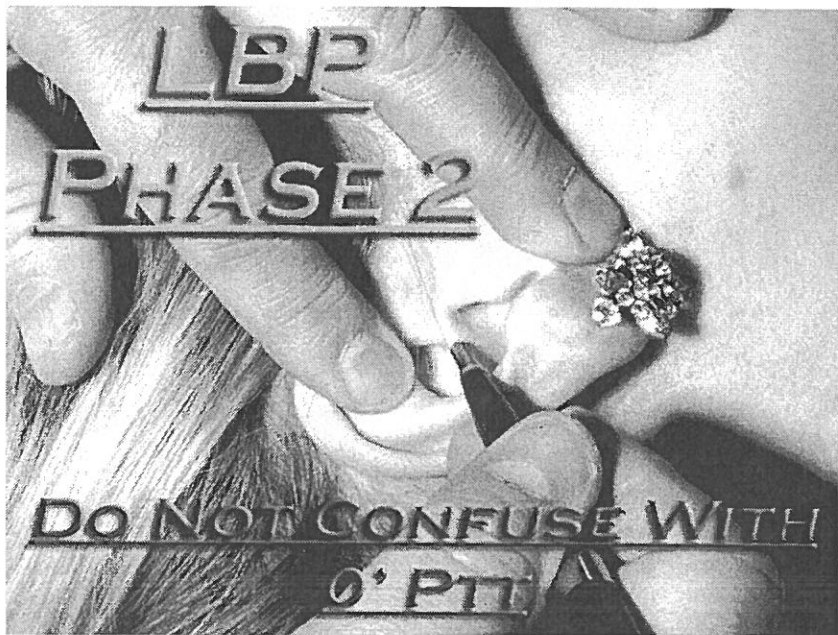


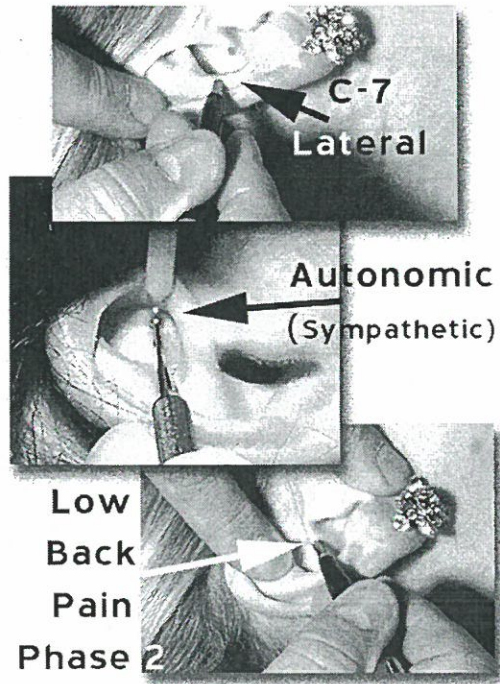
3 Phase
Upper
Ptt



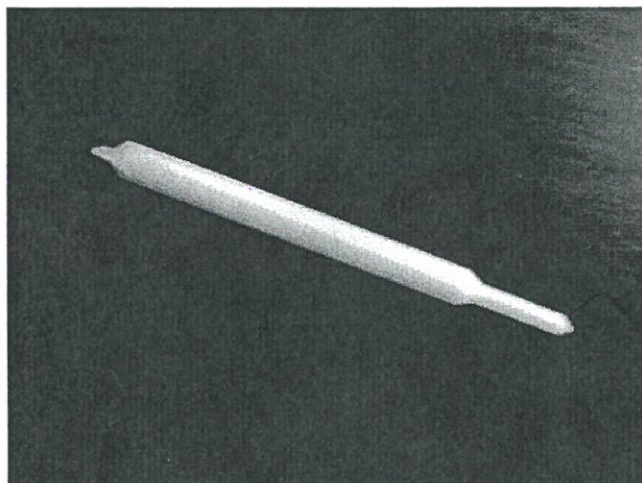
3 Phase
Neck
Arm
Knee



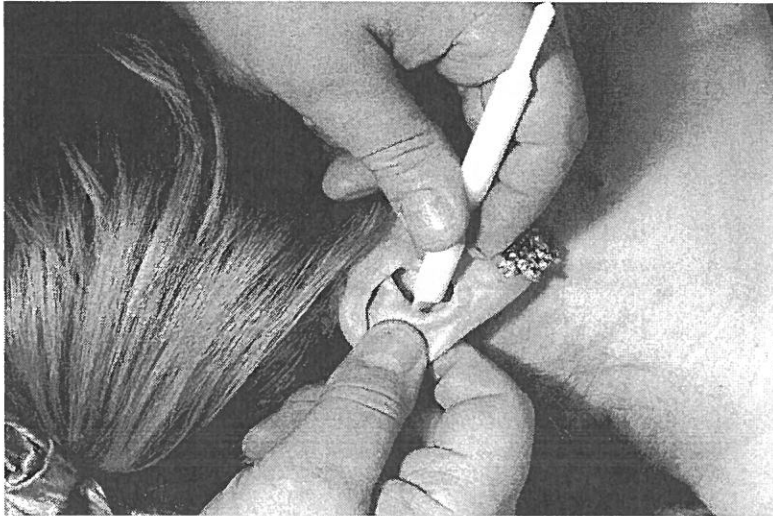




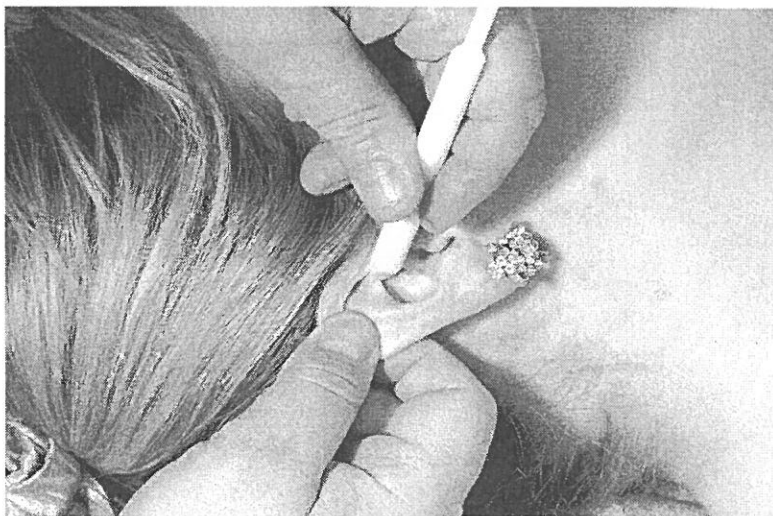
WhiteStick



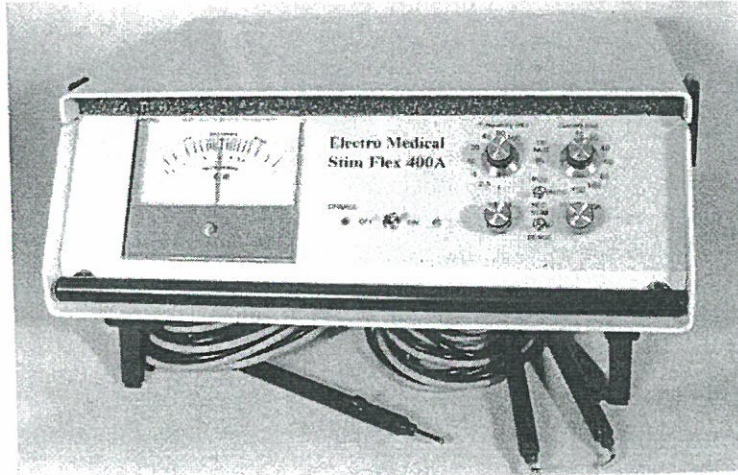
Finding Vertebra With the White Finder



Finding the Sciatic Ptt With the White Finder



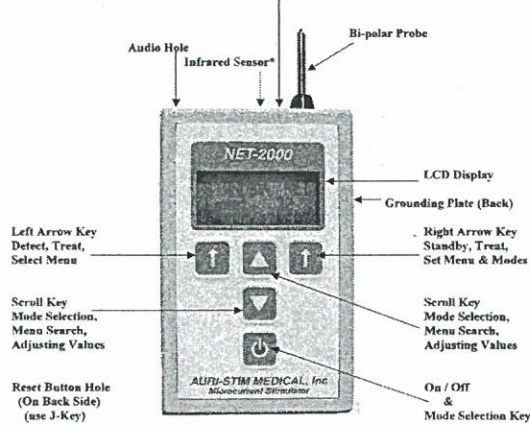
Stimflex 400



NET 2000

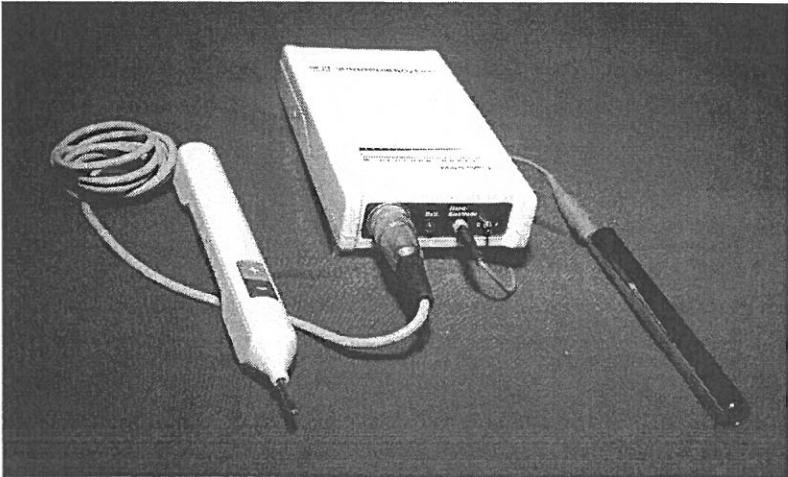
NET-2000 Micro-current Stimulator Display

Socket for electro-acupuncture, TENS, Facial, Net-II and CNS Headset Probes

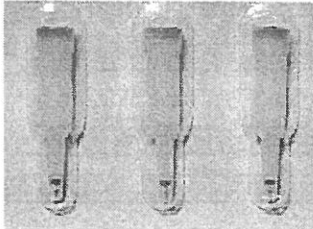
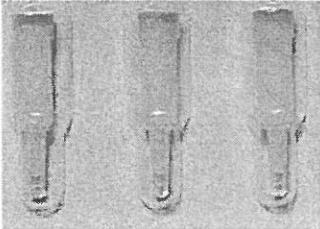
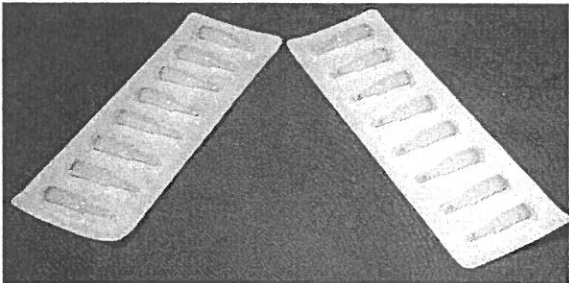


*Infrared Sensor for future use.

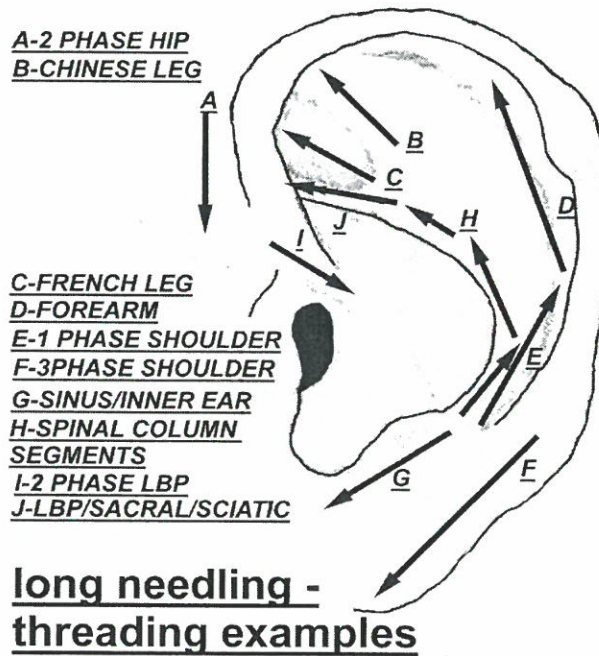
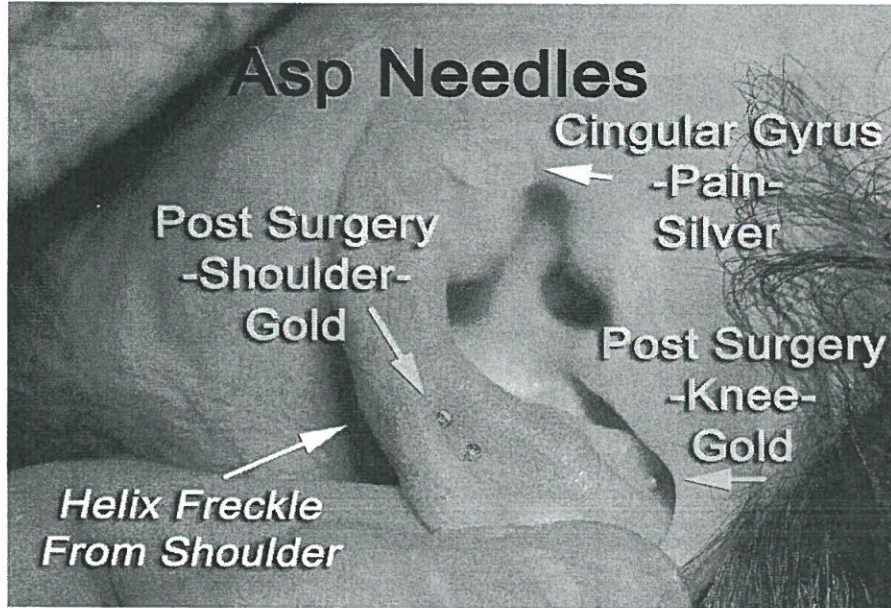
PointoSelect Plus



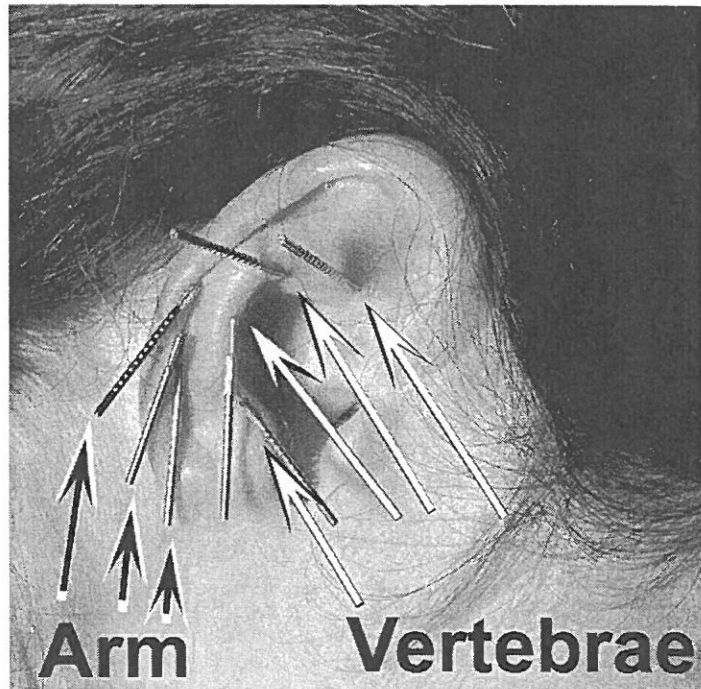
ASP Needles



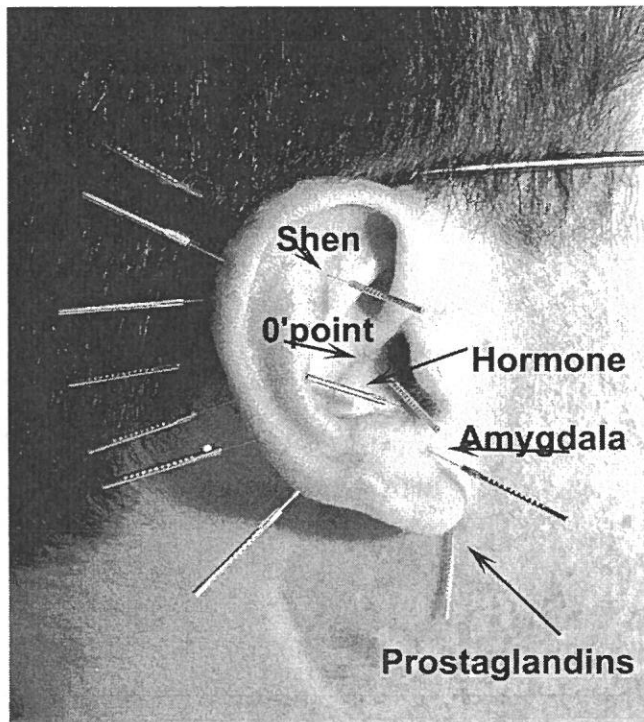
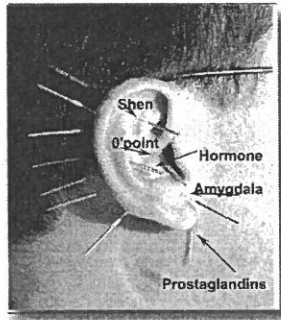
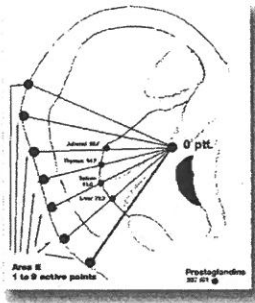
ASP Needles In Situ



Threading Along Spine



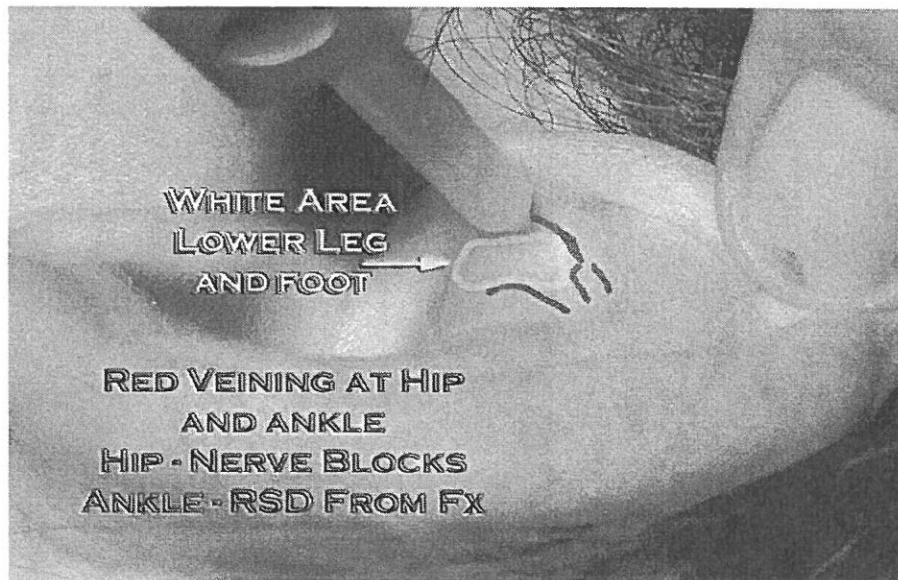
CHRONIC PAIN



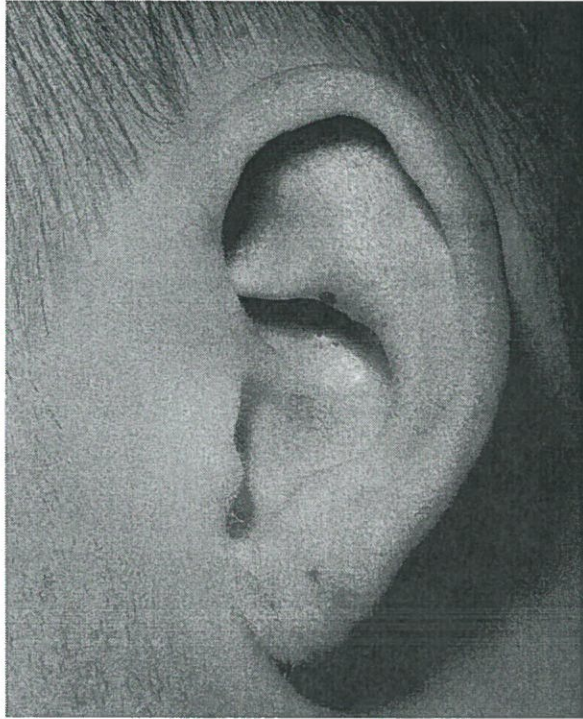
Chronic Pain
Protocol



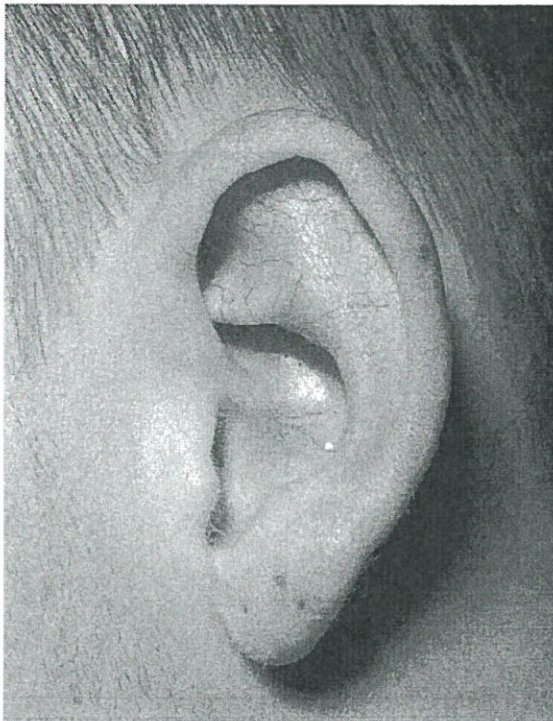
RSD



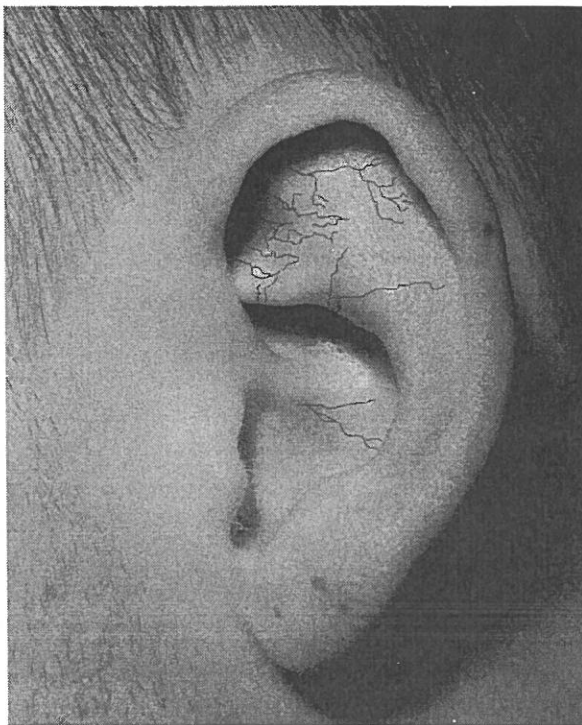
Leg Pain



Leg Pain 2



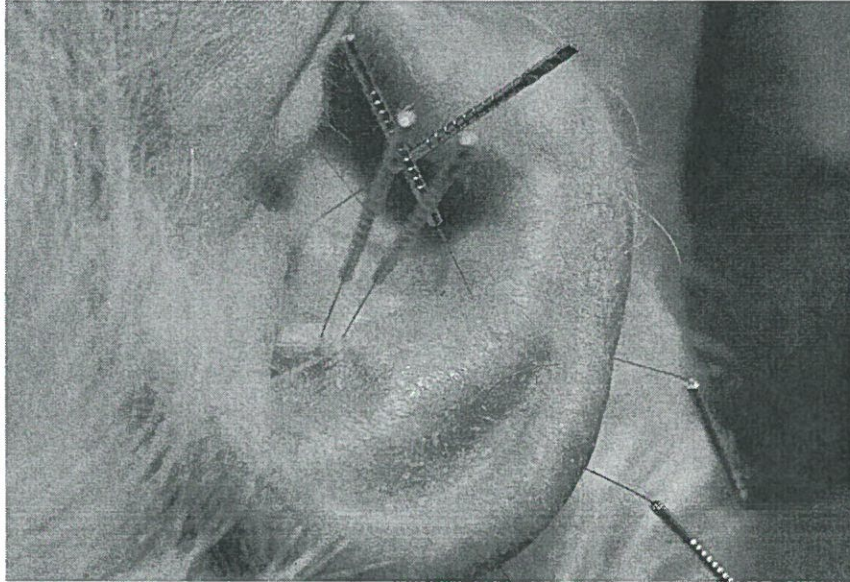
Leg Pain 3



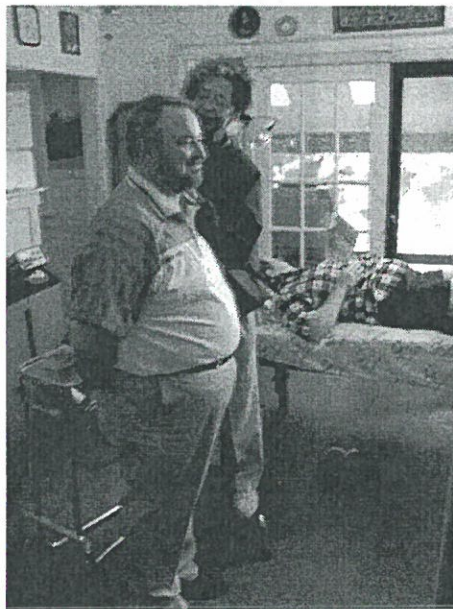
Hip
Low Back
Pain



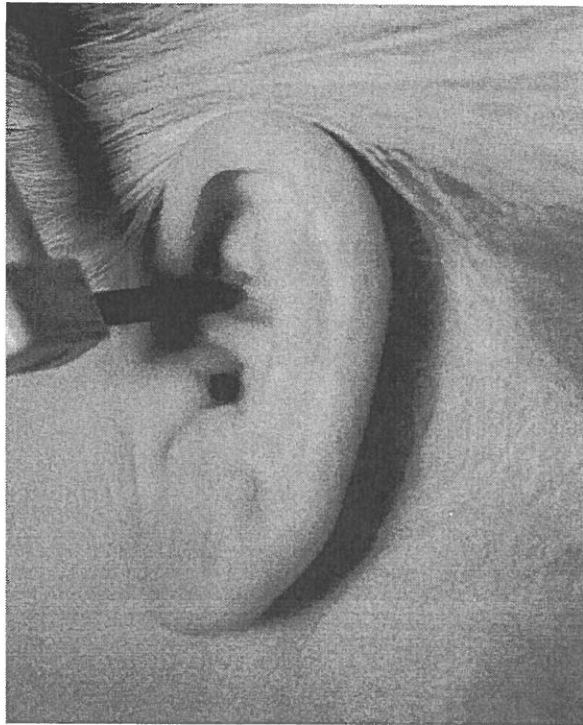
LBP



Treating LBP



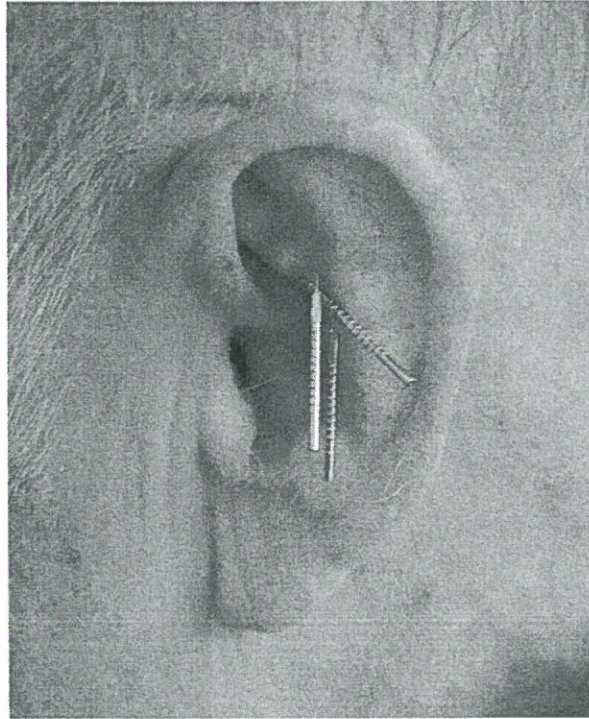
Finding
2nd Phase
Shoulder
Using a
Black Hammer



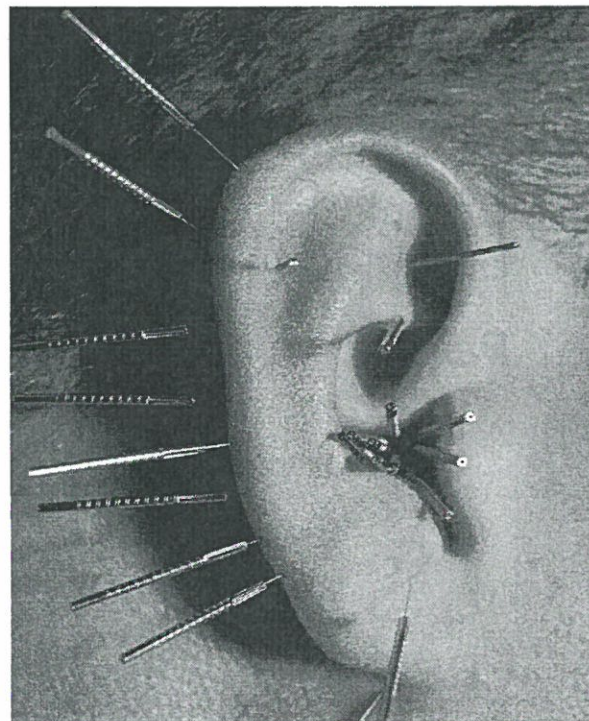
Chronic
Hip
Pain



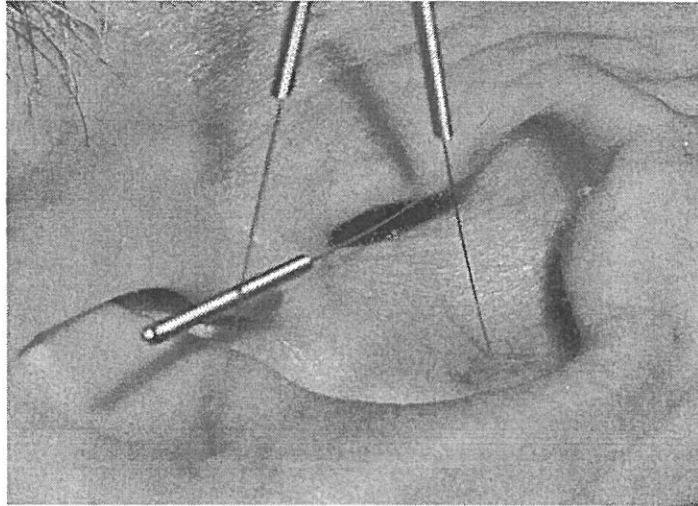
CP
Low Back
Pain



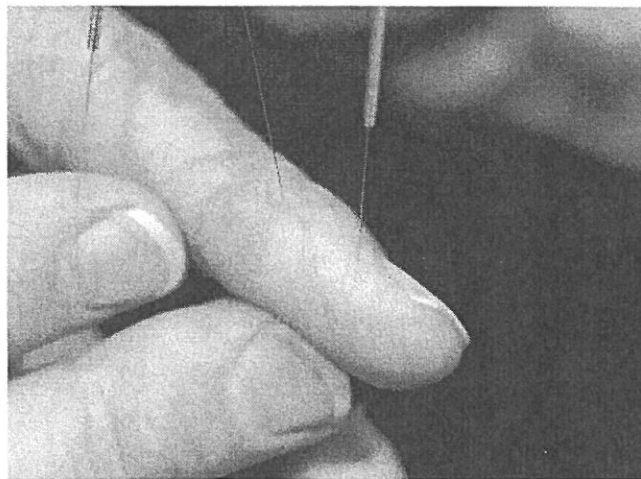
German
Smoking
Treatment



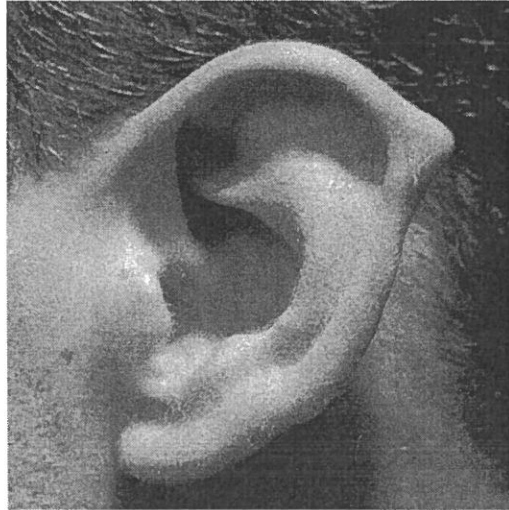
Xerostomia



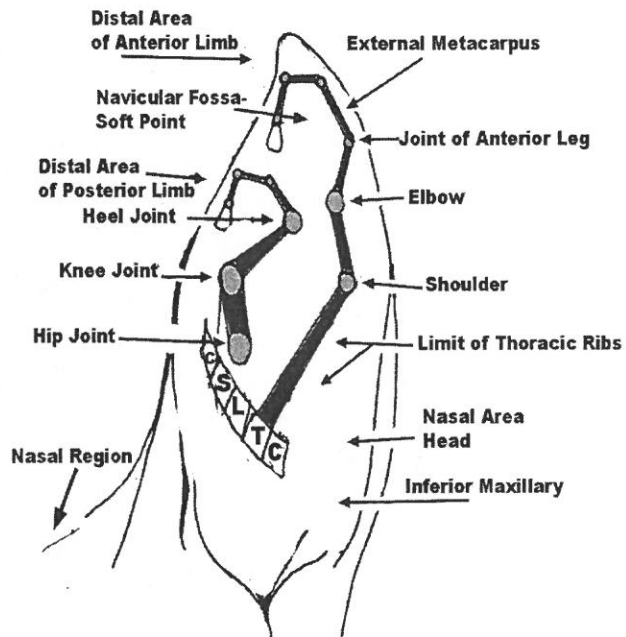
Xerostomia 2



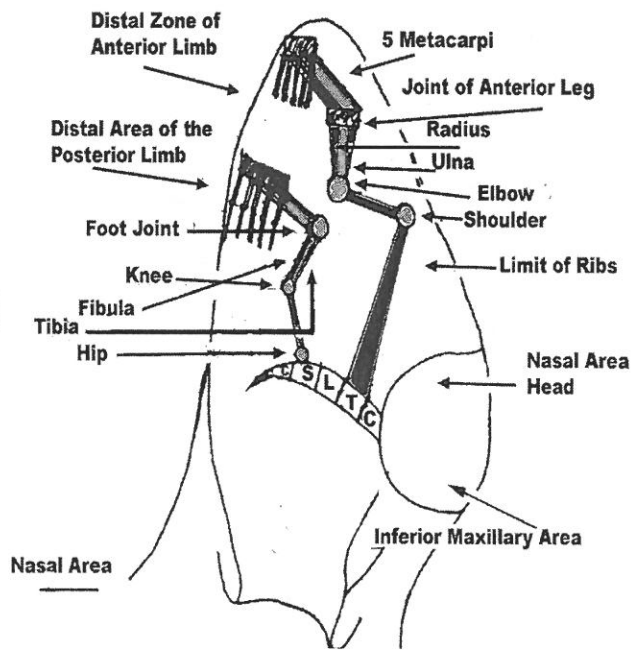
Strange Ear



Horse
Ear
According
To
German
Vets



Dog
Ear
According
To
German
Vets



A Protocol For Early Parkinsonian and Non Parkinsonian Tremors Using Auriculotherapy and Auriculomedicine.

Tremors reduce quality of life, no matter what etiology. This method, using the work of Nogier realizes good results with early stages of tremor. No research has been done to date with patients on the Dopamine manipulator drugs, Anticholinergics or Antihistamines. If there is a diagnosis of Parkinson's disease, other symptoms must be taken into account during treatment. In fact, gait, balance, rigidity and bradykinesia problems seem to lessen during tremor treatment.

The point numbering and nomenclature is from the International Handbook of Ear Reflex Points, by Terry Olesen. The detection and treatment device used during research was the Stim Flex 400. It has the Nogier type detector and frequencies and automatic polarity detection. The polarity will tell you if the point is hypo or hyper excited, useful for finding pathological neurotransmitter sites.

AURICULOTHERAPY

Use dominant ear, or if one-sided tremor, use the homeolateral ear.

Phase 4 points, on the mastoid side of the ear, are associated with the motoneurons.

The sites to examine are:

- Substantia Nigra, 134 F4
- 2 Striatum [Basal Ganglia] 135 F4
- 3 The areas of the upper central lobe, mastoid face [the extrapyramidal area], especially look for a high degree of + or - deflection. Treat with 40hz [or 80hz, see below] frequency for 1 to 2 minutes. If you can visualize the tremors while the limbs are at rest, appreciate if they reduce in intensity or frequency. They should stop or have a measurable visual change when the right point(s) are stimulated. If they are movement tremors, have the patient move while locating the point. There may be 3 or 4 points in the area that need to be treated. After treating with frequency, a temporary needle may be placed, or a gold pellet on a hyporeactive point [-] or silver on a hyper point [+] to sedate or tonify the area.
4. Examine the front of the pinna [phase 1] on the lobe in the area opposite of the area just treated. These points are usually in area F [80hz]. The area above this and along the helix is area E at 40 Hz. These points are:
 5. Substantia Nigra 134F
 6. Striatum 135F
 7. Midbrain Tegmentum 178
 8. Master Ectoderm Point 203F1
 9. Tegmentum area of Bourdiol -Interestingly, some emotional material might surface here. This area is very near the frustration area, next to anger/depression areas. 80 or 160hz here.
 10. Shenmen area. Actually, I think in many cases the pelvic neuroplexus is being stimulated here. One of the good effects of this point and the sympathetic ganglion points is that the aura-or feeling of anticipation of trembling, when the nerves are quiet, will disappear here immediately or



11. Sympathetic Ganglion area, from Darwin's tubercle inferiorly. This is area E at 40hz. There may be a few places here, look under the helix. Any residual tremor should cease here. Silver/gold or temporary needles can be placed also. ASP needles may be used also, but only 1 to 5 per ear should be placed

The tremor will return, but attacks will be lessened. Treatment of at least once a week should be adequate. Usually good results are obtained after 8-10 treatments. As treatment goes on, tremor will be controlled for longer periods. About 2 weeks seems to be the longest so far that control is satisfactory with return to pretreatment baseline by 3 weeks without therapy.

AURICULOMEDICINE

For the use of the VAS and filters. Remember, on neck to Diagnose, arm to treat.

1. Penthonium on arm and neck
2. Clear scars.
3. Melanin, arm, for causal factors.
4. CNS.
5. Dopamine.
6. Acetylcholine, alone and with #15 [Wratten], which reverses the action.
7. #30 [Wratten] or epiphysis for emotional content.
8. ETOH filter for possible differential between Essential Tremor and Parkinson's.

Additionally, filters made from medications [sinemet, l-dopa, etc.] may be useful.

9. Find points with white hammer or #24 light. Use the phase filter [25,58,44A] for ease of field detection. Treat with the usual gold/silver, temporary needle or ASP. IFR laser has not been shown to be very effective at this time [Nextlaser, DBlase, and GIR30 were tested].

Reference

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- Bourdiol, R. (1981) *Auriculosomatology France: Maisonnueve*
Elements of Auriculotherapy, France: Maisonnueve
- Nogier, P. (1972) *Treatise of Auriculotherapy, France: Maisonnueve*
(1983) *From Auriculotherapy to Auriculomedicine, France: Maisonnueve*
(1987) *Points Reflexes Auriculaires, France: Maisonneuve*
(1989) *Complements Des Points Reflexes Auriculaires, France: Maisonnueve*
- Nogier, R. (1993) *Introduction Pratique a L'auriculomedecine, Belgium: Haug*
- Oleson, T. (1995) *International Handbook of Ear Reflex Points, Los Angeles, Health Care Alternatives*
(1992) *Auriculotherapy Manual, Los Angeles, Health Care Alternatives*

Equipment

- Stimflex 400 Electro Medical, PO 33189, Tulsa, OK 74153-1189 (918) 299-4012
- Filters, Ear Equipment, MED Servi-systems, 8 Sweetnam Dr. Stittsville, Ontario, Canada
K2S 1G2 1.800.267.6868

THE D PROTRACTOR AND THE WHITE STICK

The D protractor is an easy way to find the 30 Degree points in Auriculotherapy, per Nogier. It is a clear plastic piece with beveled edges, and lines at 30° deeply routed for precision.

To use: Place a line from from O' point through the local anatomic point found the usual means. Where this line crosses the helix, there should be an active point (this is a RADIUS point). Place the star of the protractor on this helix point with a line running through O' point, then find points at the margin of the ear - where the structure changes, the border, using the lines that are the first line above and the first line below the line through O' point. The active points should be no more than 1 mm from the line. Treat these points as helper points for pain and healing.



The White Stick is a hybrid of 2 well known tools, the sturrrup finder and the white hammer. It is designed for ease of use, portability, and quick identification of structures, landmarks, and active points. The sharp end is the white side of the Black/White Hammer as used in Auriculomedicine. It will identify MOST of points you will need for quick or urgent situations. The main drawback is that it does not contain the black side of the hammer. It is superior to localize points found with a #21 light or a laser pointer. The sturrrup side, for Auriculotherapy finds the landmarks as described in Oleson's Auriculotherapy Manual 2, Master points, and the Vertebral points as described in Meeker's Essential Auricular Reflexes, and as shown in the picture

The Tools are \$19.95 USD each. Both for \$36.95.

The Package with an Ear Probe is \$46.95USD Total.

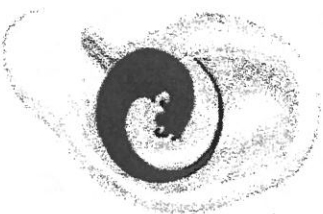
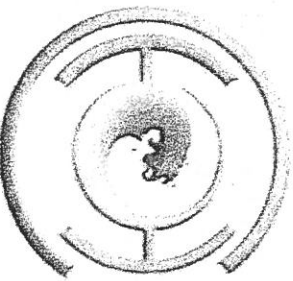
These are available from

The Hollywood Clinic

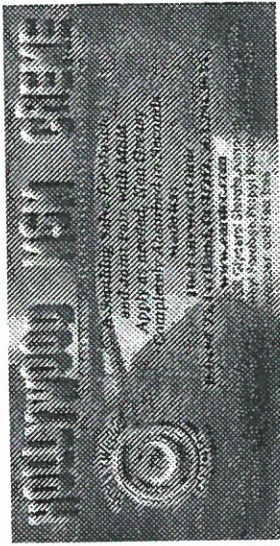
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